



Age Friendly York

Annual Achievements of Age Friendly York 2022-23

The Age Friendly York group meets every month to explore the views of older people in Shaw to see how they can influence or support change through a co-produced approach.

Some of the achievements over the last year include:

- Aligning age friendly and [dementia friendly actions](#).
- Supported an intergenerational offer through York Cares to reduce social isolation
- Worked in partnership with YOPA and the transport team to create a better understanding of why only 65% of concessionary bus pass holders are getting back on the bus since pre-COVID.
- Built some additional age friendly questions into the Councils resident consultation process [TalkAbout](#). Analysed the responses from older people, supported by YOPA, to provide baseline data.
- Carried out a series of Happy to Chat Cafes followed by touring community cafes to understand this offer from the communities to reduce social isolation.
- Recruited resident membership onto the Curiosity Programme to inform ASC research
- Set up 3 Community Transport meeting to co-produce solutions and in particular raise the issue of access to booking taxis for wheelchair users.
- Set up a Sensory Impairment Task and Finnish group to support people with lived experience influencing the recommissioning of services and enhancing a more co-produced approach.
- Engaged before consultation to ensure the right questions were asked of residents when proposing a cashless parking system with CYC parking areas.
- Introduced the role of Age Friendly Ambassadors so that residents can represent topics they are passionate about. We currently have ambassadors for: Ex Service people; health and cycling.

- Introduced guest speakers which have included the following topics: transport strategy; bus service improvement plan; sensory impairment commission; commissioning older people services; accessible benches; dementia strategy; intergenerational work and Community Health Champions.
- Supported the International Day For Older People and this local [video](#).
- Increased Age Friendly York membership to: 189 including 155 citizens; 8 Council staff and 25 organisations
- Successfully supported a Council grant for more and improved [Changing Places](#)
- Incorporated Age Friendly initiatives into an accessible map for the city
- Created and approved an Age Friendly York meeting – vision and purpose document as a more appropriate alternative to a Terms of Reference.