

Syndrome Support

Information leaflet about the support available for children and young people with Autism or Asperger Syndrome.





## What Is Autism

#### Autism:

- It is a developmental disability that can affect social interaction, communication and language and social imagination
- Describes a condition with a wide ranging degree of severity
- Some people with autism are able to live relatively independent lives but others may have accompanying learning disabilities and need a lifetime of specialist support
- People with autism may also be over- or under-sensitivity to sounds, touch, tastes, smells, light or colours
- There are more than 700,00 people with Autism in the UK—approximately 1 in 100

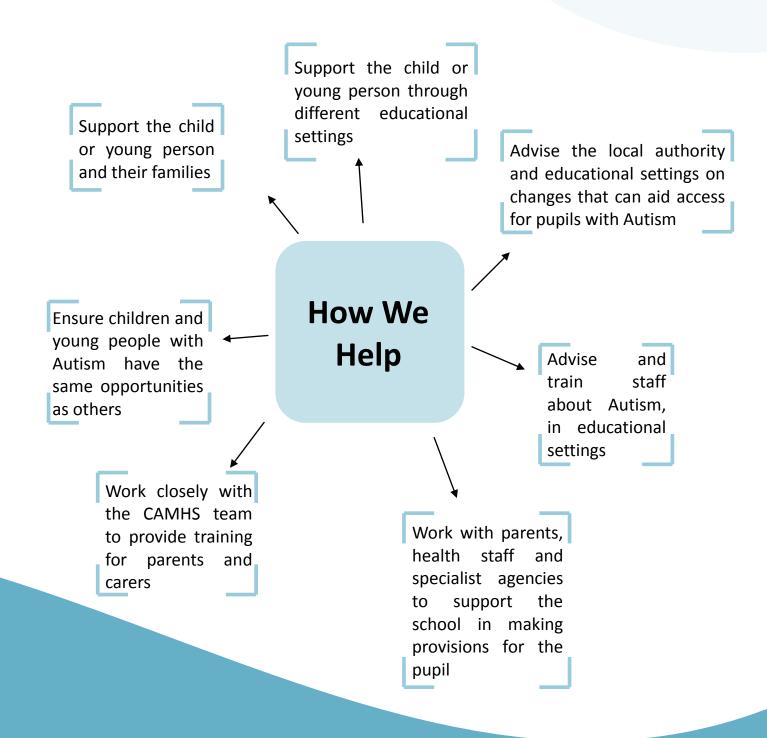
### Asperger Syndrome is part of Autism:

- Often have average or above-average intelligence
- People with Asperger Syndrome have fewer problems with speech but may still have difficulties with understanding and processing language

## What We Do

We are a specialist team trained to work with children and young people with Autism in York. We set up regular meetings with Limetrees and York Child & Adolescent Mental Health Service (CAMHS). Multi-Agency work often originates from these meetings with our specialist teachers making joint visits with CAMHS staff.

Members of the Autism Team attend the monthly meeting of the Autism Forum which is held at York District Hospital.



## **Assessing Progress**

It is important to assess and review the progress of the child or young person to make sure that our service is benefiting the individual. Observations and feedback from the school, parents and the child or young person themselves is how we assess this.

We look for:

- Positive changes in behaviour
- Reduction of stress and anxiety in educational setting
- . Improved attendance
- Improved social interactions with school staff and peers
- . Engagement in their learning

# Approach to Learning

Each child and young person is different and therefore it is important to consider a personalised and individualised approach to learning. Some of the most helpful advice we can give to schools and parents involves:

- . Access to a low stimulus environment
- Reduced language
- . Use of social stories
- Use of safe place/chill out room
- Awareness of sensory differences
- . Using child and young person interests and strengths
- . Use of visual approaches

## Referrals

A referral can take place once a diagnosis has been given. Children and young people with autism are identified and initially assessed by CAMHS/ paediatrician and then referred to our service. SPT's make an initial assessment and then makes recommendations on each child or young person. Assessments can be made by:

A copy of our referral form can be obtained by ringing 01904 554256 or download by clicking here

- School observation
- . Parent consultation

Referrals are always with parental consent.

- . Discussion with school staff
- Initial assessment report

# Contact Us

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