

# York's Health and Wellbeing Strategy 2022-2032

## A healthier, fairer, city

### Background

There is a statutory requirement for every local authority to have a Health and Wellbeing Board, and for that Board to produce a Health and Wellbeing Strategy.

Our Board in York is made up of many partners, from NHS bodies to the council and third sector representatives, and so although the Health and Wellbeing Strategy (currently being written to cover 2022-2032) is one of the city's 10 year strategies, it is developed through a slightly different process, led between the partners within the health and care system rather than by the council.

Several engagement events and workshops within the health and care sector have taken place across the last six months to help write the strategy, and six key priority themes have emerged which have been included as part of the resident consultation and the joint scrutiny meetings about the 10 year strategies.

The Health and Wellbeing Board will be invited to consider the feedback from these consultation and scrutiny events and take it into account as they finalise the Strategy in autumn 2022.

### Health and wellbeing priorities

**BECOME A HEALTH-GENERATING CITY**, where our starting point is that strong and supportive communities are the best medicine, where we build on the strengths of our people, and give our citizens the best possible chance of staying healthy, especially through three key building blocks of health: good housing, jobs and education

**MAKE GOOD HEALTH MORE EQUAL ACROSS THE CITY**, recognising that people in the poorest areas of York die ten years earlier than those in the richest areas, and to address this we need to deliver our services scaled at a level proportionate to people's need, and thereby reduce health inequalities

**PREVENT NOW TO AVOID LATER HARM**, acknowledging that two thirds of the gap in healthy life expectancy in York comes from preventable diseases, and therefore ensuring that prevention is in the job description of all health and care staff in the city to bring healthy lifestyles within reach of all our residents

**START GOOD HEALTH AND WELLBEING YOUNG**, giving special emphasis to the key formative early years of life as the best place our investment can go, creating from maternal/preconception health and beyond the conditions for our families, communities and young people to live healthy and flourishing lives

**WORK TO MAKE YORK A MENTALLY HEALTHY CITY**, ensuring that mental health and wellbeing is given the same attention as physical health, investing in the things which keep people happy and connected, and working together to support people quickly when they need it

**BUILD A COLLABORATIVE HEALTH AND CARE SYSTEM** with fewer dividing lines between organisations, creating a local culture of integration built by engaged and valued staff who listen to (and involve) our citizens, so that our care is compassionate, high quality, and financially and environmentally sustainable