

Easy Read



Fact Sheet 4 - What is Support Planning

	<p>When you have been given your Personal Budget you need to think about how you want to spend it.</p>
	<p>You need to think about what is important to you. How you can use the budget to help meet your needs.</p>
	<p>You will need to make choices about what services you will need. You will be asked to make choices about what support you will need. You will have to decide what things you will pay for yourself</p>
	<p>You can talk about your ideas with your family, friends or your Care Manager.</p>

You may want to think and talk about some of these questions

	<p>About you, who you are and what you like?</p>
	<p>What do you want to change in your life and how will you do this?</p>
	<p>Do you need help making important decisions? If so who will help you do this?</p>

	<p>What support will you get? Who will do this? How will this help? Will they need to take a break sometimes? What will happen then?</p>
	<p>What will your Personal Budget be spent on?</p>
	<p>How do you want to manage your budget?</p>
	<p>What will happen if something goes wrong?</p>
	<p>Your Personal Budget can be spent on lots of things. Write down the details in your Support Plan.</p>

How to make a plan

	<p>You can put your Support Plan together in any way that you want. If you need help with this then ask for help from your family or your Care Manager.</p>
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What happens next?

	<p>When you have finished putting your Support Plan together, you must give it to your Care Manager. Your Care Manager will check that the plan is going to help you stay healthy, safe and well. When the Support Plan has been agreed, your Care Manager will make sure that your support is organised for you.</p>
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For further information please look at the other Fact sheets in this series and our website:
www.york.gov.uk