Easy Read



Fact sheet 2 - What is Self Directed Support?



Self Directed Support is how you decide to get the support you need to live your life. It is available to you if you are entitled for support from City of York Council.



In future you will have more choice and control over the support you need and how you want to receive it.

This is what you will need to do

O MARINE 5	1.	Work out your budget by using the Council's Resource Allocation System (RAS). Ask someone to help you with this if you need it.
	2.	Plan the support you need
My Plan	3.	Produce a Support Plan
	4.	Agree the plan with your Care Manager

5.	Organise your support. There are different ways of doing this.
6.	Live your life
7.	Review with your Care Manager how things have worked out



Your Care Manager will be able to help you with each step and get you more help if you need it.



For further information please look at the other Fact Sheets in this series and our website: www.york.gov.uk