

# York Health and Wellbeing Board

## Joint Health and Wellbeing Strategy 2017 to 2022 Supplementary Document

**Vision:** for every single resident of York to enjoy the best possible health and wellbeing throughout the course of their life

### Contents

Foreword from the Chair and Vice Chair of the Health and Wellbeing Board .....	2
National, Regional and Local Changes .....	3
Refocused Priorities for the Health and Wellbeing Board.....	4
Mental Health .....	4
Starting and Growing Well.....	5
Living and Working Well.....	5
Ageing Well.....	5
How the Priorities will be Delivered.....	5
The Board's Values .....	6
Conclusion and Next Steps.....	7

## **Foreword from the Chair and Vice Chair of the Health and Wellbeing Board**

Welcome to this supplementary document designed to accompany the board's current Joint Health and Wellbeing Strategy 2017 to 2022.

This strategy is now midway through its lifetime and our vision for every single resident of York to enjoy the best possible health and wellbeing throughout the course of their life remains the same.

However, it seems timely to review the board's priorities considering national, regional and local changes that have happened since we produced the strategy.

We have also been working together for nearly three years to deliver against the priorities in the strategy and the progress we have made can be seen in the board's most recent [annual report](#).

The board will not become complacent and is constantly evolving to do its best to respond to a rapidly changing health and social care system. With new policies, initiatives and ideas occurring on a frequent basis we need to ensure that we are knowledgeable and able to respond to change when it happens in order that we may do our best for the residents of York.

We hope this document assists with helping you to understand some of the most recent changes we have faced as a system and the areas we want to focus on over the next 18 to 24 months.

**Carol Runciman,**  
Chair of the York Health and Wellbeing Board

**Dr Nigel Wells,**  
Vice-Chair of the York Health and Wellbeing Board

## National, Regional and Local Changes

Nationally the NHS has released its long term plan and the board need to be sighted on and understand their role in delivering this both at their formal meetings; at workshops and via the sub-groups that are tasked with delivering the Joint Health and Wellbeing Strategy priorities.

One element of this is around Primary Care Networks (PCNs) which are a key part of the [NHS long term plan](#). Additionally we need to ensure that York gets the most out of work happening at a regional level through [Integrated Care Partnerships](#); Integrated Care Systems and their associated delivery mechanisms.

### The NHS Long Term Plan

The NHS Long Term Plan is a document published in January 2019 setting out the plan for future proofing the NHS for the decade ahead. Some of the ways it wants to improve care for patients over the next ten years are by making sure everyone gets the best start in life; delivering world-class care for major health problems and supporting people to age well. It will deliver these ambitions by doing things differently; including encouraging more collaboration between GPs, their teams and community services by creating Primary Care Networks to increase the services they can provide jointly and that meet the needs of their communities. Other ambitions in the plan are to prevent illness and reduce health inequalities; to look at workforce issues and to make better use of data and digital technology.

These NHS priorities complement the themes in York's Joint Health and Wellbeing Strategy 2017-2022.

### Integrated Care Partnerships

Integrated Care Partnerships are a group of local NHS organisations working together with each other, local council and other partners.

They will develop and implement strategies and action plans at a regional and local level to deliver the aims of the NHS Long Term Plan. York is part of the Humber, Coast and Vale Health and Care Partnership.

They have six programmes of work:

1. Cancer
2. Hospital Services
3. Mental Health
4. Maternity
5. Urgent and Emergency Care
6. Planned Care

## **Refocused Priorities for the Health and Wellbeing Board**

The current [Joint Health and Wellbeing Strategy](#) covers the period 2017-2022 and has a number of priorities under the following headings:

- Mental Health
- Starting and Growing Well
- Living and Working Well
- Ageing Well

At a recent workshop the Health and Wellbeing Board considered what their key priority should be under each of these headings for the remainder of the Joint Health and Wellbeing Strategy's lifetime. The four new areas of focus fit well with the current overarching priorities of the Joint Health and Wellbeing Strategy but are more specific and give greater focus to areas where more work is needed and where the Health and Wellbeing Board can add value.

The agreed re-focused priorities are set out below:

### **Mental Health**

The board will promote awareness and understanding of the protective factors that support good mental wellbeing and ensure that compassionate, strength-based approaches in communities are developed.

## **Starting and Growing Well**

The YorOK Board (as a sub-group of the Health and Wellbeing Board) are developing a new Children and Young People's Plan. The Health and Wellbeing Board will wait until the draft of the new plan is received and the priorities it identifies before setting a key priority in this theme.

## **Living and Working Well**

The board will have oversight of how the wider determinants of health such as housing, income; poverty, isolation and homelessness impact a person's health and wellbeing and the actions that are being put in place to mitigate against these.

## **Ageing Well**

The board's ambition is that York will be the most age friendly city that it can be to connect our Age Friendly programme of work across all ages and parts of society.

## **How the Priorities will be Delivered**

The Health and Wellbeing Board has a number of sub-groups in place to help them deliver against their priorities. These groups will take responsibility for delivering the re-focused priorities and reporting back to the Health and Wellbeing Board at least once a year.

**The Mental Health Partnership** is well established now and is in a good place to take on the re-focused health priority. They have identified four key priorities:

- A Community Approach to Mental Health and Wellbeing
- Self-harm
- Multiple Complex Needs
- Mental Health Housing and Support

These priorities complement the refocused priority for the Health and Wellbeing Board as set out on page 5 of this document.

## **The Starting and Growing Well**

The Starting and Growing Well theme will be agreed once the YorOK Board have developed the new Children and Young People's Plan. The YorOK Board will be the delivery mechanism for the Health and Wellbeing Board's priority in this area.

## **The Living and Working Well**

The Living and Working Well theme will be delivered by a newly established Prevention and Population Health Programme Board which will have a strong focus around reducing health inequalities in the city. This will be in place in time to consider the recommendations of the City of York Council's Corporate Scrutiny Review on poverty.

## **The Ageing Well Partnership**

The Ageing Well Partnership has been in place for just over 12 months now and is already working towards York becoming an Age Friendly City which is the re-focused priority for the Health and Wellbeing Board.

## **The Board's Values**

- The board should be focussed on reducing inequality
- The board should increase its diversity
- The board should focus on system interest and building one system
- The board should strive to work towards shared funding; shared outcomes and shared goals
- The board should
- The board should exercise kindness and goodwill towards all partners around the Health and Wellbeing Board table
- That board members are treated equally and have equal influence at all times

## Conclusion and Next Steps

There are some areas where work needs to happen at place to ensure that the board are able to deliver on the re-focused priorities and to enable them to ensure progress has been made before the strategy finishes.

Both the Mental Health Partnership and the Ageing Well Partnership will be continuing their current programmes of work to ensure delivery against our priorities in those areas. The YorOK Board are working hard to produce a new Children and Young People's Plan which will be presented to the Health and Wellbeing Board as soon as it is ready. Additionally the Board have agreed to establish a Prevention and Population Health Programme Board which amongst other things will lead on looking at how to reduce health inequalities in our local population.

Once the board's sub-structure has been agreed a clear diagram will be produced and a meeting between the chair and vice-chair of the Health and Wellbeing Board and the chairs of the groups in the sub-structure will be convened to ensure that everyone is working towards the agreed priorities and the overall vision of the board.

It is also clear that the Health and Wellbeing Board need to be more connected and influential in relation to the Humber Coast and Vale Health and Care Partnership and its associated partnerships and work programmes. Similarly, but at a more local level relationships need to be built with the York Health and Care Collaborative (formerly Primary Care Home) as many of their priorities mirror the Health and Wellbeing Board's.