

Covid – 19 Bereavement Support

Last updated 17/04/2020



Publish Health England guidance

<https://www.gov.uk/government/publications/covid-19-guidance-for-the-public-on-mental-health-and-wellbeing/guidance-for-the-public-on-the-mental-health-and-wellbeing-aspects-of-coronavirus-covid-19>

Service	Contact details	Website	Description
York and North Yorkshire Cruse Bereavement Care	Tel: 01904 481162 or Cruse Freephone National Helpline 0808 808 1677 helpline@cruse.org.uk	www.cruse.org.uk	Referrals open for telephone only support. Cruse has put together resources on link below to share how bereavement and grief may be affected by COVID-19. It covers some of the different situations and emotions bereaved people may have to deal with. They will be adding to and updating this information as the situation develops. https://www.cruse.org.uk/get-help/coronavirus-dealing-bereavement-and-grief
St. Leonard's Hospice	01904 708553 enquiries@stleonardshospice.org.uk	https://www.stleonardshospice.org.uk/	Bereavement Drop-in For those bereaved and self-isolating. Telephone self-referrals and 1-1 telephone support 5pm-7pm on the following dates: 7th and 21st May 4th and 18th June 2nd and 16th and 30th July

			<p>Bereaved due to the coronavirus, people can self-refer by calling main Hospice number 01904 708553.</p> <p>More information available at: https://www.stleonardshospice.org.uk/getattachment/About/Coronavirus/Coronavirus-Bereavement-Support-info.docx.aspx</p>
York District Hospital Bereavement Services Team	01904 721138	https://www.yorkhospitals.nhs.uk/our-services/a-z-of-services/bereavement-services1/	<p>Practical support /guidance and access to chaplaincy services.</p> <p>Relatives asked not attend the Bereavement Suite until they have spoken to a member of the Bereavement Team.</p>
York Samaritans	116 123 (24 hours) This number is FREE from ANY phone		Listening service
NHS online advice and services		https://www.nhs.uk/ https://www.nhs.uk/conditions/stress-anxiety-depression/coping-with-bereavement/	Advice, guidance and signposting on grief after bereavement or loss
Improving Access to Psychological Therapies (IAPT)	Tel. 01904 556840 Self or GP referral	http://www.yorkandselbyiapt.co.uk/	<p>Delivered by TEWV. Available for those aged 16 years and over registered with a VOY GP. Therapies provided for people experiencing mild to moderate depression or anxiety disorders and including PTSD, who are not already receiving NHS mental health services.</p> <p>You can self-refer by telephone Monday-Friday 9am-5pm on 01904 556840. Assessments are undertaken over the phone</p>

			and currently treatments delivered via telephone or video conferencing
Winston's Wish Helpline	08088 020 021 FREEPHONE number		Bereavement Support for those looking after bereaved children and young people
The Major Incident Response Team (MIRT)	07974 745194 (24hrs) or email mirt@northyorks.gov.uk		Trauma/ traumatic bereavement support The Major Incident Response Team (MIRT) is part of North Yorkshire County Council and the City of York Council's 24-hour emergency response service, normally 'called out' by the emergency services or local authority emergency planning units. They provide a confidential and non-intrusive telephone support service including practical and emotional support to anyone caught up in an incident or event that is outside of 'normal' life.



The logo for York CVS, featuring the text 'yorkcvs' in a lowercase, teal-colored, sans-serif font. The 'y' is significantly larger than the other letters, and the 'c' is stylized with a gap in its middle.

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