

Issue 3 - January 2016



Special Budget Edition

Have your say on the 2016/17 **Budget consultation**

Take part in our Budget consultation on the back page

City of York Council's Executive is facing some tough decisions in 2016-17. Here we give an outline of why difficult choices have to be made - and why residents' views are important.



Plans unveiled for new 'King's Cross' of the North

The full potential of York's largest brownfield site has been unveiled by City of York Council, **Network Rail and the National** Railway Museum (NRM), who are inviting residents and businesses to have their say between 18 January and 15 February, on the 72 hectare site located in the heart of the city.

Over the past 12-months, the council has been working in collaboration with Network Rail. the NRM and the Homes and Communities Agency on a high level masterplan of York Central on what has been labelled as the King's Cross of the North.

The city's new vision could create up to 7.000 new jobs through a new high-quality office guarter, a new residential community for up to 2,000 new homes, opportunities to expand and enhance the NRM, make improvements to the railway station and create a network of vibrant public squares, green spaces and routes linking to surrounding neighbourhoods.

Find out more at: www.york.gov.uk/ vorkcentral

Have your say between 18 January - 15 February:

Complete the consultation at www.york.gov.uk/consultations Visit drop in sessions at: West Offices: Station Rise. Thursday 21 January 10am - 4pm **National Railway Museum:** Saturday 30 January 10am - 4pm **Holgate and Micklegate Combined Ward Committee:** Tuesday 19 January St Paul's Church, Holgate Road, 6-8pm

February 4pm - 7pm **Public Exhibition:** West Offices. Station Rise. Printed copies of the consultation document and questionnaire are also available at West Offices, Hazel Court and all **York Railway Station:** Wednesday 3 York Libraries and Explore Centres.



News in brief

Eng-AGE with your grandchildren

If you have grandchildren then you're welcome to bring them along to the next Eng-AGE 50+ Activity Day. This new twist to the

event for the over 50s will encourage both generations to try different sports and activities together. The taster day will be at Energise on Monday 15 February. Find out more at: www.york.gov.uk/engage



Are you registered to vote?

If you live or study in York you can vote in the Police and Crime Commissioner elections in May 2016, but only if you are on the Electoral Register. Everyone is responsible for registering themselves and by law you must register to vote or you could be fined.

Find out more, or register online today, at: www.york.gov.uk/voting

Council Tax support

Look out for your 2016/17 Council Tax information which will be sent to all households in March. Could you be eligible to get money off your bills? Find out if you qualify for Council Tax discount or financial support at: www.york.gov.uk/counciltax. Did you know the council is launching a new online service from May that will allow you to access and report changes to your account at a click of a button?



Restoring York's Walls

Following a £100.000 investment by City of **York Council, Walmgate** Bar has fully reopened to the public after the completion of a programme of work to protect and preserve the historic structure.

Over the course of several months the bar. which is the most complete of the four medieval gateways in York, was carefully restored to its former glory by the council's restoration and

archaeological teams (Steve Gamble and John Oxley pictured). The walls themselves are the best example of medieval city walls still standing in England today.

City Archaeologist, John Oxley, said: "The significant investment in this building means that people now have full access to the Barbican and roof. The existing cafe on the ground and first floor will also be able to use the roof and viewing platform too.

which is a pretty unique experience for residents and visitors."

Over one million people walk on the bar walls each year which were originally built as defences. The focus is now on conservation and the council is working with Historic England to help preserve the walls for future generations.

The City Walls are open every day from 8am to dusk. To find out more visit: www.york.gov.uk/citywalls

Early works for the York Community Stadium project are well underway, laying the groundwork for the construction of the stadium.

The works, which started in early November are expected to continue until mid March. They include improvements to increase the capacity of the Monks Cross Park&Ride site and includes the demolition of Huntington Stadium and Waterworld as work progresses to build a top class facility in the city.

The York Community Stadium will provide a new 8,000 seat stadium for football and rugby league. a leisure facility which

will include a new gym, swimming pools, a sports hall and dance studio.

The Community Hub on site will provide bespoke facilities for project partners with a focus on promoting health and wellbeing for York residents and visitors. The development also includes a number of new retail units restaurants and a multiscreen cinema complex.

For more information visit: www yorkcommunity stadium.co.uk/

Works start at stadium site: Support vulnerable and elderly neighbours

The council is encouraging residents to help support older or vulnerable friends and neighbours this winter.

Top tips include:

Making sure they're warm enough – the temperature in their home should be at least 18°C, particularly if they are not mobile, have long term illness or are 65 or over and they may need to wear several layers of clothes to stay warm. Try to make sure they have regular hot meals and drinks throughout the day. Loneliness is a real issue for many people. Information about social groups and activities for older people is available through: www.connecttosupport.org/york

If the person you're supporting starts to feel ill, advise them to seek help from a pharmacist straight away.

If you're not sure the level of support that is required call 111. An adviser will ask you questions to assess the symptoms and then give the advice you need, or direct you straightaway to the best service for the situation. Only call 999 or attend A&E in an emergency.



News in brief

York supports refugees

York is preparing to welcome approximately 60 Syrian refugees over the next five years as part of the Government's commitment to accept 20,000 refugees from camps in Lebanon, Jordon and Turkey. Plans have been drawn up by partners across the city including community, faith, housing and academic groups, together with the council. Find out how to show your support at: www.york.gov.uk/refugeesupport or by the Two Ridings appeal: http://www.trcf.org.uk

Helping you this winter

The council provides a range of services to help you during the winter months, including top tips on how to stay well this winter, how to save money on your

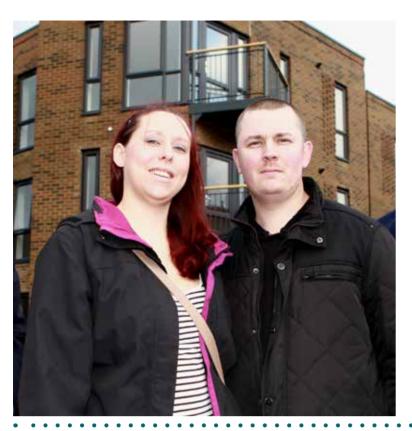
gas and electricity bills, plus regular updates on gritting services and much more. Visit: www.york.gov.uk/ winter.



Museum offer

City of York Council has given York Museums Trust funding to offer 4,000 residents 12 months free access to York Castle Museum, York Art Gallery and the Yorkshire Museum. The YMT Access Cards are available to anyone with a valid York Card aged 17-24 or in receipt of most forms of benefit. To find out more go to: www.yorkmuseumstrust.org/ymtcard or phone 01904 687654.

New council homes' first tenants move in



Over 20 households are starting the year in brand new council homes.

The first tenants of 14 apartments at Lindsev House moved into their new homes at the end of 2015.

Kirsty Douthwaite, Matt Arnold and their two children were among them, moving from a second floor flat to the ground floor with a small garden.

"It's perfect for the

Kirsty Douthwaite and Matt Arnold take a step for the future

children and means my disabled parents can visit us for the first time," said Kirsty. "It's a great step for the future."

Tenants of new council apartments at Hewley Avenue will be moving in the coming weeks and this spring, work will start on eight new homes at Chaloners Road, eight apartments at Fenwick Street as well as six houses on Pottery Lane.

For information and advice on your housing options, visit www.york. gov.uk/housingoptions or call 01904 554500.

Give kids' tooth decay the brush off

Tooth decay is almost entirely preventable and whilst some children are not keen on having their teeth brushed, by making the activity a game, or by downloading and using many of the available apps, teeth cleaning can

part of the council's public health responsibility and it is recognised that oral health plays an important role in our general health and wellbeing

It's recommended that



we all brush our teeth for about two minutes twice a day. This can be challenging with children, but by supervising them until they're at least seven years old, it can reduce the risk of tooth decay and associated pain and infection.

become fun! Oral health promotion is

Did you know children are entitled to fluoride varnish? This liquid is painted onto teeth to provide further protection from tooth decay.

Ask your dentist for more information. NHS dental care is free for children. If your child is not registered with a NHS dentist visit: www.nhs.uk for details of local dental surgeries that are accepting NHS patients.

'It's not ok' play tours York schools

Almost 1,000 young people in York have taken part in a play and drama workshop about child sexual abuse and exploitation.

Part of the citywide 'It's not ok' campaign the play and drama production aim to raise awareness of the issues, as well as reminding young people where they can go for help and support.

Created by York St John University, the play follows

four teenagers through their experiences of the internet, relationships, gaming and family-life. Pupils then explore the issues raised in the workshops and get the chance to give the characters 'advice'.

The campaign has also attracted the interest of the Department for Education.

More information about the It's not ok campaign is available at: www. itsnotokay-york.org.uk



Contact us:



Join in a debate or give us your views and ideas on what's important to you via Facebook www.facebook. com/cityofyork

Reporting neighbourhood issues just got simpler thanks to a new smart and accessible online web form, at: www.vork. gov.uk/reportproblems

View and use our photos from special events and projects around the city on flickr www.flickr.com/ photos/vorkcouncil/



Higher York Student Volunteering Awards – nominations now open!

Higher York partners (Askham Bryan College, the University of York, York College and York St John University) are once again celebrating student volunteering through their annual joint awards ceremony.

This high profile event aims to recognise higher education students who have not only shown outstanding dedication and enthusiasm for voluntary work in the York area, but whose contribution has had a lasting



Lauren Wilson, who won an award in 2015 for her voluntary work with Musical Connections.

impact. It is a unique opportunity to showcase the fantastic contribution that students make to York, as well as raise the profile of local voluntary organisations.

If you would like to nominate an individual or a group of students for an award, please contact us on nominations@higheryork. org or 01904 876350, or visit our website: www.higheryork. org/HYVA2016. The deadline for nominations is 8 April.



Trustees wanted

York Carers Centre helps unpaid carers living, or caring for someone who lives, in York.

We are looking for someone to join our dedicated board of Trustees who meet every six weeks.

Becoming a Trustee can be a very rewarding experience, working together with other Trustees to bring lasting positive change to the lives of unpaid carers.

If you would like to know more, please get in touch.



www.yorkcarerscentre.co.uk enquiries@yorkcarerscentre.co.uk

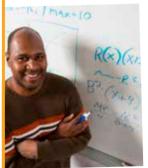
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Registered charity number 1127644

Learn • **Experience** • **Discover**

Learning 4 Everyone

Kick start the New Year with a new interest!













Want to Learn, Experience or Discover something new in 2016? Then take a look at our new Learning 4 Everyone programme at www.yortime.org.uk covering over 400 courses starting in Winter, Spring and Summer.

So if computing is your challenge, Italian is your inspiration, pastry makes you passionate, dancing is your delight, art is your ambition and learning makes you lively, we have (to steal a phrase) a course for that!

For more information visit www.yortime.org.uk or pick up a brochure from your library.

To book visit the Yortime website, call 01904 552806 or drop in to West Offices, Station Rise. Booking opening hours Monday, Wednesday and Friday from 10am to 4pm.







Cycling crack-down

York police are clamping down on people cycling without lights in the city. Police officers and PCSOs, supported by volunteer Special Constables, have been taking part in a city-wide operation aimed at keeping cyclists and other road users safe at night.

The vast majority of cyclists seen by officers on the operation are correctly and safely using lights. However, dozens of Traffic Offence Reports have been issued to those who ignore the rules.

As part of the operation, sets of emergency cycle lights and high-visibility rucksack covers have been given to some people who didn't have lights, to enable them to carry on their journey safely - for example, young people who would otherwise have had to walk a long distance home. The lights and rucksack covers were funded by City of York Council, part of a cycle safety campaign that ran for the first time last year.

Inspector Lee Pointon said: "The operation was really well received, with many pedestrians stopping to make positive comments about the proactive campaign."

Cyclists are urged to visit www.northyorkshire.police.uk/cyclesafety for police videos and advice on cycling safely.

Special role

Do you fancy a new challenge in 2016? Would you like to make a difference to your local community and help North Yorkshire Police keep York and North Yorkshire one of the safest places in the country?

North Yorkshire Police are recruiting Special Constables from 4 January to 1 February 2016. 'Specials' as they are known are volunteer police officers who have the same uniform, power and responsibilities as paid officers. They come from all walks of life and commit to volunteering a minimum of 16 hours a month and are much valued members of the policing family.

If you are committed, have a strong team work ethic, are resilient and want a volunteering role with



a difference, this could be the challenge you are looking for. It is not easy, but rewarding and satisfying roles never are.

You will be an integral part of the local policing team and will get the

opportunity to develop your skills in other areas of policing such as roads policing and public order.

If you think it's for you, please visit nypspecials.com for more information.

Lifestyle awards

The community spirit of York youngsters has been recognised at a glittering awards ceremony in the city.

The North Yorkshire Police Lifestyle Awards, held at York Racecourse, rewarded those who took part in a challenge over the summer holidays to carry out communitybased projects.

Now in its third year, Lifestyle aims to give young people a voice in their community and the opportunity to make positive



changes. Since 2013 it has seen hundreds of youngsters aged between 10 and 17 take part across our area.

The projects carried out by the teams this year included organising sports days for youngsters; a family fun day complete with bouncy castle and barbeque; a magazine for teenagers giving advice on how to stay safe and healthy; a pop-up café with a different theme each week; a bake sale; and creating an art installation representing the effect of anti-social behaviour.

PC Suzanne Asquith said:
"There is nothing more rewarding than being able to celebrate the achievements of our young people who have thought out these projects themselves and used their summer holidays to improve life for someone else."

ENERGISE GYM, SWIM, CLIMB. WORK



Your local leisure centre with everything under one roof.

Keep up to date with what's going on plus great offers, by following us on **Facebook** and **Twitter**.

www.energiseyork.com



Every weekend in **January** and **February**

Offer applies to all buses in the York area.

11-18s must have a valid YOzone card.

For more information visit www.itravelyork.info/yozone







Keep warm this winter with a new energy efficient boiler

Do you struggle to heat your home? Switching to one of our new A-rated boilers could lower your energy bills by as much as $\pounds 300^*$ a year.

We guarantee to beat any genuine like-for-like British Gas quotation by 20%. It doesn't get much better than that!

We have a range of competitive finance packages which can make this opportunity more affordable for you.

Depending on your circumstances, you could even qualify for funding towards the cost of your new boiler.

Offer only available for a limited time. Get in touch today to book your free no obligation survey: visit www.betterhomesyorkshire.co.uk or call 0800 597 1500 or 0113 897 0977

*Source: Energy Saving Trust

**Subject to survey

Get a new A-rated

£2,000

boiler for less than



Better Homes Yorkshire is proud to be working in partnership with City of York Council.



beindependent.

Be Independent is York's provider of equipment and emergency telecare response service.

Our business has a social purpose - supporting people to live independently in their own homes for as long as possible. Any profits generated are invested in developing our services in the communities in which we work.



Helping your family to live safely

Be Independent can provide equipment to help people move around their homes more safely and reduce the likelihood of falls occurring.

Where we make the most impact to people who do fall is with our responder call telecare service. Clients who are part of our telecare response service wear a

pendant which they press if they need help because they have fallen, for example.

We can also supply falls detectors that alert the control operators if a person falls so if they are badly hurt or are not wearing their pendant help can still be sought. Trained mobile

responders attend to the call and visit the client to pick them up from their fall and provide the support that is required.

Last year Be Independent responders attended 4621 calls for people who had fallen. Of these calls only 143 people were admitted to hospital.

Keep warm and safe this winter

Elderly people and those with long term health conditions need to be prepared for the cold weather.

Our top tips for keeping warm and how we can help:

 Try to maintain indoor temperatures to at least 18C, particularly if you are not mobile, have long term illness or are 65 or over. Ensure all gas heaters are serviced regularly. We can install carbon monoxide detectors which will alert us to rising levels so we can ensure your safety. We can also provide temperature extreme

sensors which can advise us if your home environment gets too cold.

 Dark nights can be lonely and isolating and require a need to keep safe.
 Our bogus caller buttons mean you can alert us if unwanted callers are at your door.

Contact details: For more information about Be Independent contact 01904 645000 or visit www.beindependent.org.uk



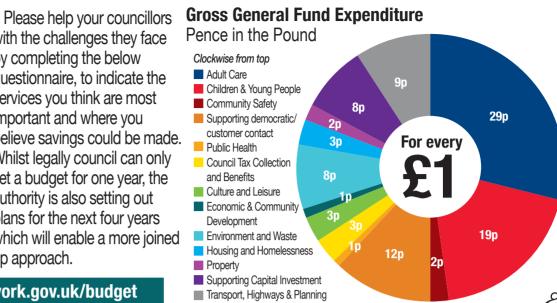
Budget consultation for the financial year 2016-17

This year's budget proposals will seek to ensure the council priorities continue to be delivered, whilst ensuring the council's financial position is managed effectively.

Even though the council spends one of the lowest amounts per head of population amongst UK local authorities, we still provide the same services as other, higherspending councils. We need

to make difficult decisions about which services should be protected, which we can deliver differently, those we might need to cut and whether charges for some services should be increased.

For example, it is expected that by 2019/20 adult care costs will account for around 50 per cent of the council's net budget. This means difficult decisions will have to be made. with the challenges they face by completing the below questionnaire, to indicate the services you think are most important and where you believe savings could be made. Whilst legally council can only set a budget for one year, the authority is also setting out plans for the next four years which will enable a more joined up approach.



Find out more about York's budget process at www.york.gov.uk/budget

1)	In order to balance the council's budget, would you rather the council: (Please tick as many as apply) Increased Council tax levels Increased Charges Provided Fewer Services	S) Thinking about each of the following services, which do you believe should have its funding stay the same and which should have its funding reduced or increased? (Please tick one box in each row)	Stimulating the economy eg creating jobs Public Health 4) What is your home postcode?
2)	Of the following services that you currently use, which would you be willing to pay more money for? This would be an increase in charges for the service, not an increase in Council Tax. (Please tick as many as apply) Parking	Children's social care services Adult's social care services Services for young people eg youth clubs, careers advice Housing and homelessness Libraries Theatres and museums Parks and open spaces	Please give us your comments.
	Household and bulky waste collection Planning services Use of swimming pools Use of sports centres Use of public toilets Community centres Adult education courses Home care fees	Sport and leisure facilities, events and activities Support for schools Waste and recycling Street cleaning Crime prevention and community safety Road and footpath maintenance Funding for public transport	For more information on the council's budget please visit: www.york.gov.uk/budget By post to: Budget Consultation 2016/17, Finance Team, City of York Council, West Offices, Freepost RTEG-TYYU-KLTZ, York, YO1 6GA . By hand at West Offices, Station Rise, York. Online: www.york.gov.uk/consultations/ Please return your completed questionnaire by 20 January 2016.

This information can be provided in your own language. 我們也用您們的語言提供這個信息 (Cantonese)

এই তথ্য আপনার নিজের ভাষায় দেয়া যেতে পারে। (Bengali) Ta informacja może być dostarczona w twoim (Polish) własnym jezyku.

Bu bilgiyi kendi dilinizde almanız mümkündür. (Turkish)

(Urdu) یه معلومات آب کی اپنی زبان (بولی) میں بھی مہیا کی جاسکتی ہیں-

7 (01904) 551550

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