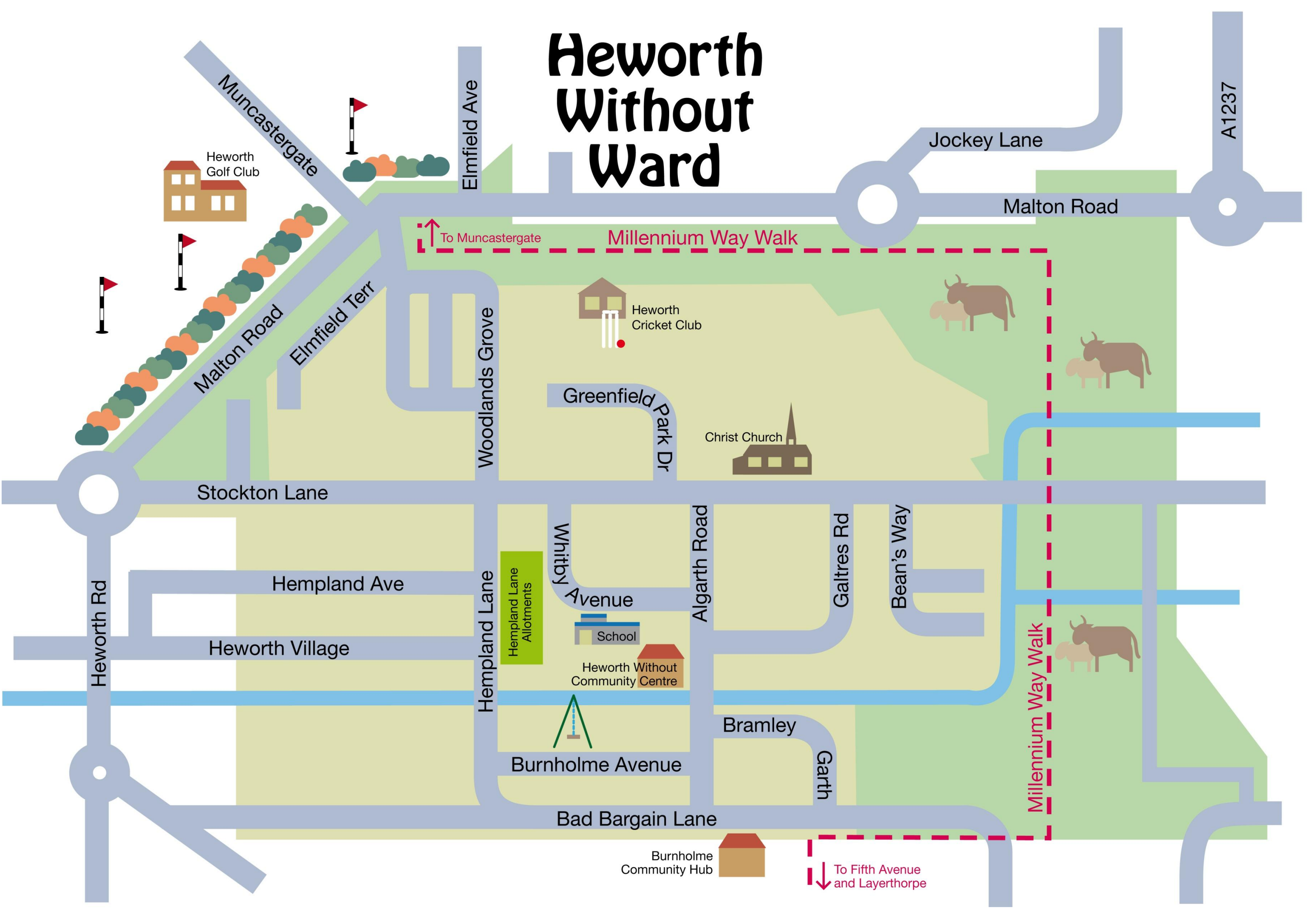


Heworth Without Ward



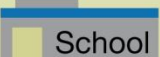
Heworth Golf Club



Heworth Cricket Club



Christ Church



School



Heworth Without Community Centre



Hempland Lane Allotments



Burnholme Community Hub

To Muncastergate

Millennium Way Walk

To Fifth Avenue and Layerthorpe

Millennium Way Walk

The Millennium Way comprises a 23 mile (37km) walk around the city.

The walk is classified as moderate to easy. It uses mainly surfaced and grass paths, but does contain some street walking. It uses stiles, kissing gates, field gates and steps.

The Heworth Without part of the walk starts at the junction of Meadlands and Bad Bargain Lane.

If you stand at the T-junction of Meadlands and Bad Bargain Lane, turn right and walk towards the A64. Just before A64 outer-ring road fly-over, turn left, and follow the bridleway down the side of the embankment, and then left through a gate to Cow Moor Farm. Walk through the farm, down the lane, and into a field on your left. Keeping the hedgerow to your right walk through two fields to reach Stockton Lane. Turn right, cross the road, and after a short distance turn left along a public footpath until it reaches Old Foss Beck. Cross the bridge over the beck and turn left over a stile onto Monk Stray.

Keeping to the middle of the stray you will cross a stile, after which, the Way follows the well-worn cattle track, as the Stray narrows you pass a house on your left and after a short distance the Tarmac road to this house cuts across the Stray, cross the road and continue down the Stray. You will eventually reach Straylands Grove, turn right and walk a short distance to the busy Malton Road. This is the end of the third section of the Millennium Way. Walkers wishing to return to the city centre should turn left along this road and follow it into the city.

Heworth Without Community Centre

The Community Centre provides a building suitable for meetings, talks, classes and birthday parties.

To enquire about making a booking contact Michael on 01904 421784.

Social Sequence Dancing

Wednesdays: 13:45 – 15:45 / Saturdays: 19:15 – 22:15.

Tea & biscuits included.

To find out more visit us on Wednesday or Saturday.

Bowls

Thursday evenings.

For more information contact Bernard on is 01904 421002.

Over 50's Keep Fit Classes

Thursday mornings, 09:30 start.

To find out more visit us and speak with Angela.

Tai Chi Standard Classes

Thursdays: 10:30 – 11:30.

Learn how to let go of stress and tension, improve your breathing, build vitality and increase energy levels.

Tai Chi Seated Classes

Thursdays: 11:45 – 12:30.

For anyone with health/mobility issues that prevents them from doing normal exercise activities.

For more information about Standard and Seated Classes contact Fran on: 07896253214, or email:

frantaichi@gmail.com

Wednesday Craft Group

Wednesdays: 14:00-16:00, except for summer holidays.

Mix crafts i.e. knitting, card making, beading, painting etc.

Tea & biscuits included.

For more information contact Mary on 01904 415826.

Lace Making Group

Third Saturday of the month: 10:00 – 15:00.

Lace making and craft of all sorts.

For more information contact Jen on 01904 421769.

Children's tap, ballet and jazz dancing

Monday, Tuesday and Thursday afternoons/evenings.

For more information contact Elaine on 07886018689.

Children's and teenager drama sessions

Fridays: 17:00 – 19:00 term time only.

For more information contact Henry on 01904 425259.

Long's Black Belt

Monday and Wednesday evenings.

Children and adult kick boxing classes.

For more information contact Mark on 07515811486.

Heworth Cricket Club

The Clubhouse is used for a cross section of activities with the sports ground and the hall available for hire. To enquire about making a booking contact Ken on 07745127416.

Elmpark Junior Football Club Sessions

For more information contact Tony on 07944258803.

Junior and Senior Cricket Sessions

For more information contact Ken on 07745127416.

York Learning Health and Fitness Classes

Pilates, Yoga, Seated Yoga and Dressmaking Classes.

For more information telephone 01904 552806, or email york.learning@york.gov.uk, or keep an eye out at www.yortime.org.uk as new classes being added regularly.

Christ Church

Senior Friends at Christ Church

Thursdays: 12:45 – 15:00.

Meet with friends old and new, enjoy their company as they enjoy yours, share a cuppa or two and even a light lunch, often followed by a speaker or some form of entertainment.

For more information contact Keith on 01904 422882.

Toddlers Group

Mondays in term time, 13:30 – 14:45.

Children aged 0-4 with their parents/carers are welcome to come enjoy toys, books, craft, singing, story and refreshments.

For more information contact Anne on 01904 425046.

The Hut

Thursdays: 18:30 – 19:45. A club for young people from Year 6 to Year 9 at school, offering indoor and outdoor space, equipment, games and sports stuff.

For more information contact Val on 01904 421981.

Messy church

Third Sunday of the month: 16:00 – 18:00.

Craft activities for all members of the family, then a 'celebration' altogether, often with songs to join in with and do the actions too, followed by having a light tea together.

For more information contact Val on 01904 421981.