

# City of York Health and Wellbeing Board Newsletter

**September 2018**

WELCOME to the latest edition of the Health and Wellbeing Board newsletter.

Since our last newsletter the Health and Wellbeing Board have met twice and we have discussed a range of issues affecting residents across the city. We have also presented [our annual report](#) to the health, housing and adult social care policy and scrutiny committee.

We hope you take time to read the report which covers the 12 months from May 2017 to May 2018.

We would also like to place on record our thanks to Keith Ramsay for his distinguished work with the board as vice-chair.

Our latest newsletter includes:

- Our festival of ideas event
- Our new vice chair
- The Health and Wellbeing Board's student health needs assessment
- Upcoming events to discuss and reflect on suicide prevention
- An update from the Place Based Improvement Partnership

All our meetings are webcast and available to view at [www.york.gov.uk/webcasts](http://www.york.gov.uk/webcasts) so if you are unable to attend one of our meetings you can watch them on demand whenever suits you!

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We hope you find this newsletter useful, if you have any feedback or ideas for future newsletters or views on health and wellbeing in York we'd love to hear from you, please email [healthandwellbeing@york.gov.uk](mailto:healthandwellbeing@york.gov.uk).

**Cllr Carol Runciman, Chair of the York Health and Wellbeing Board**  
**Dr Nigel Wells, Vice Chair of the York Health and Wellbeing Board**



### **Meet our new vice-chair**

**Welcome to Dr Nigel Wells, who has been appointed as the new vice chair of the York Health and Wellbeing Board.**

Nigel recently joined the governing body of the Vale of York team from Beech Tree Surgery, Selby.



He moved to York in 1998 after qualifying in medicine at Dundee University. He trained in Leeds and York and started work as a GP in 2003. Nigel worked as a locum GP in York for 3 years. He was a GP partner in Consett Medical Centre Co. Durham before joining Beech Tree Surgery in 2008.

He is a GP trainer and has an interest in finance, management and service

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provision. Nigel has set up alternative NHS services in podiatry and community ultrasound within the Vale of York and other CCGs.

“I am delighted to take up the position of vice chair of the HWBB; I have been a GP for over 15 years and have worked in the City of York and North Yorkshire systems. I am wanting to bring the patient voice from the consulting room to our discussions at the board and the workshop sessions and give a perspective from GPs. I hope this will add a valuable angle to the board strategy going forwards“

Welcome Nigel!



### **Events to discuss and reflect on suicide prevention in York**

York is hosting two events next month as it looks to further the city’s work to become a suicide-safer community and raise the profile of suicide prevention.

September is the month of World Suicide Prevention Day and during next month the council will hold two events to bring people and organisations across the city together to reflect and help prevent suicides.

On Saturday 8 September at 3pm, two days before World Suicide Prevention Day, All Saint’s Church, Pavement will host a service of reflection for those who have been lost to suicide. The event is open to all who have been bereaved or affected by suicide, regardless of faith or non faith, and enable people to reflect on those lost to suicide with others who have had similar experiences.

Then on Thursday 20 September, York will host a suicide prevention conference at York Sports Club. As well as a range of workshops there will be a number of thought provoking speeches from people that have been affected by suicide. Topics will include; lived experience, clinical expertise and support for

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the bereaved, the draft suicide prevention strategy consultation, which was approved by the board and much more.

To book your place at this free event please visit <https://york.learningpool.com>, email [wdu@york.gov.uk](mailto:wdu@york.gov.uk) or call 01904 553017.



### Latest workshop update

The Health and Wellbeing Board held a workshop in June around the starting and growing well theme of the joint health and wellbeing strategy 2017-2022. As part of the work on their joint strategic needs assessment (JSNA) a [report](#) was prepared to describe inequalities in York for children and young people.

Discussion at the workshop was focused around childhood obesity and a [report](#) prepared for the board to consider at their July meeting. This led to the board agreeing to take a [Health in All Policies](#) approach to work around childhood obesity.

As a result of these discussions, the group have asked the existing Healthy Weight Steering Group to develop proposals for how best to develop community interventions to reduce childhood obesity. This group will bring back some proposals for how this can be done to a future Health and Wellbeing Board meeting.



### Place based improvement board

At the last meeting of the Place Based Improvement Partnership (PBIP), members discussed and agreed amendments to the partnership's Terms of Reference and the development of framework and resource for a programme approach through which to oversee the work of the PBIP.

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The partnership also discussed the position of Public Health in supporting wellbeing and prevention of ill health. The PBIP asked Sharon Stoltz, Director of Public Health, sponsored by Mike Holmes, GP representative, to identify interventions or system-level changes to support a more preventative model of working.

The PBIP reviewed work streams related to Digital, Workforce, and Capital and Estates. These align with the priorities of the Humber, Coast and Vale Sustainability and Transformation Partnership, but are focussed at a York locality level.

We will keep you updated on the partnership, which involves partners from across the health and social care system in future newsletters



### **Student health under the spotlight**

At their meeting last month the board heard an update on the progress of the work being done by the student health and wellbeing network, which was formed after last year's student health needs assessment.

Highlights of their update included:

- The Student Mental Health and Wellbeing Network has been established
- Both universities in the city are working with Student Minds, influencing and contributing to national policy around mental health
- Investment into Student Support Services
- A further Student Health Needs assessment in the 2019/20 academic year



### **Festival of ideas event**



In June the Board teamed up with One Planet York to hold an event at the festival of ideas.

Over 140 people attended. Thanks go to them and the organisers. For those that couldn't attend [here is a summary](#) of the day.



### **JSNA update from Jen Saunders**

Firstly, I'm pleased to say that we have recently welcomed two new members to the JSNA group; Anna Perrett from York CVS and Stuart Fletcher from TEWV. Together with representation from York Hospital, North Yorkshire Police, Vale of York CCG, and City of York Council, they bring us back to full membership.

This summer we have completed 'Starting and Growing Well: Inequality Report' which looks into the differing experiences of children and young people as they grow up in York. The report focuses on three interlinked themes; childhood obesity, self-harm in young adults, and childhood poverty.

This is the first of a series of inequality reports that we intend to publish, each focusing on a different theme from the Joint Health and Wellbeing Strategy. We have also linked with key partnership groups in York. Recently this included the YorOk board, the Mental Health Partnership, the Learning Disability Forum, and the Strategic Partnership for Emotional and Mental Health in Children and Young People. With each of these groups, we discuss what the data tells us about the health and wellbeing of people who live in York and how this can be used in planning and decision making. In the past we've been to many other groups and forums across York. If you part of a forum or a team who might like someone from the JSNA group to present, then please get in touch.

Finally, we have a number of topic specific pieces of work in development at the moment. This includes a project to better understand residents' need for falls prevention support, and another looking at dental and orthodontic health. We have previously written on topics including the need for sexual health services,

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the needs of people with a learning disability, and the health of people who are homeless in York. If you are aware of a health and wellbeing topic that has local importance but that is not well understood then please get in touch, we are always interested to hear suggestions for projects.

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**Don't forget, you can view all recent updates to the York JSNA by  
visiting: [www.healthyork.org](http://www.healthyork.org)**

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