

References

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If you would like this information in an accessible format (for example in large print, on tape or by email) or another language please telephone: 01904 551550.

This information can be provided in your own language.

我們也用您的語言提供這個信息 (Cantonese)

এই তথ্য আপনার নিজের ভাষায় দেয়া যেতে পারে। (Bengali)

Ta informacja może być dostarczona w twoim własnym języku. (Polish)

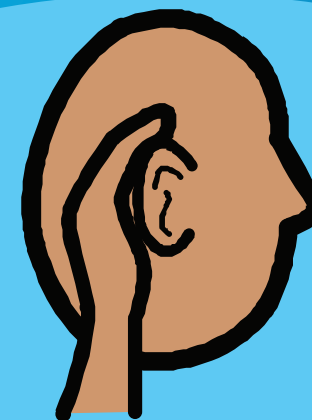
Bu bilgiyi kendi dilinizde almanız mümkündür. (Turkish)

یہ معلومات آپ کی اپنی زبان (بولی) میں بھی مہیا کی جاسکتی ہیں۔ (Urdu)

☎ 01904 551550



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Listen To Me

I know what I want to do

Attach a picture of yourself



There are four booklets in the “Listen To Me” series. Please read the guidance booklet first, which explains how parents, carers and professionals can support children and young people to make important decisions about their lives. One example would be to help children prepare for their review meetings.

Booklets 1 - 3 are to be used by adults with children and young people. All three booklets provide the same information, but each is written to suit children and young people at different stages of development. Parents, carers and professionals should choose the most appropriate booklet.

What is this leaflet for?

The booklet draws together examples of good practice and aims to encourage adults to be creative in helping children to express their views. What works best for one child, may not be appropriate for another.

The booklet is not designed for children and young people to look at on their own.

You may want to attach a picture of your child to the front cover when you share this booklet with them.

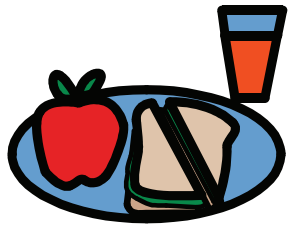
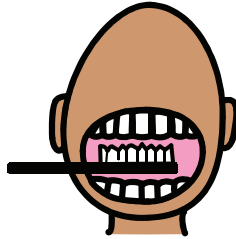
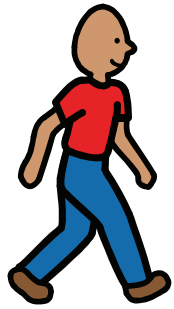
Please use the ideas in this booklet and ask the children and young people how they would like to express their views.

*Thanks to Aiming High for Disabled Children
for funding this booklet.*

You can photocopy these pages and cut out the pictures.



I can use symbols to tell you about me. Here are some examples

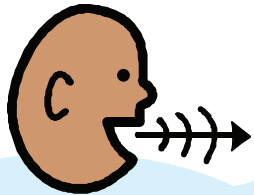


About me

- It's my life - my views are really important
- I want to be able to tell you what I think
- I want to talk about what really matters to me
- I need to know who will be helping me to make plans
- There are lots of different ways I can tell people about me, but I may need some help
- If there is a meeting about me I want people to know what I am thinking even if I am not there

I need to know what will happen next

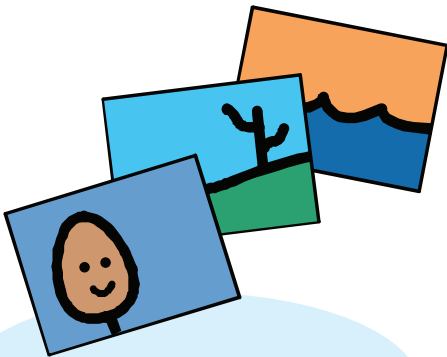
There are lots of ways I can tell people what I want to say....



I can talk about
what I like and
don't like



I can ask someone to
say what I want



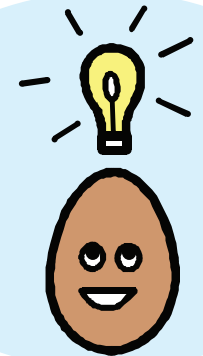
I can show pictures



I can show things
I have done

Listen To Me

My ideas matter

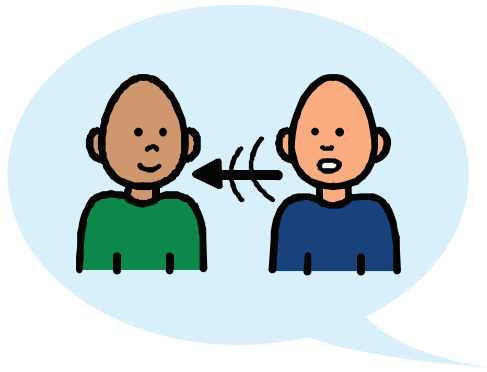


It helps us all to
make better plans

The Picture Communication Symbols ©1981-2009 by DynaVox
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After the meeting

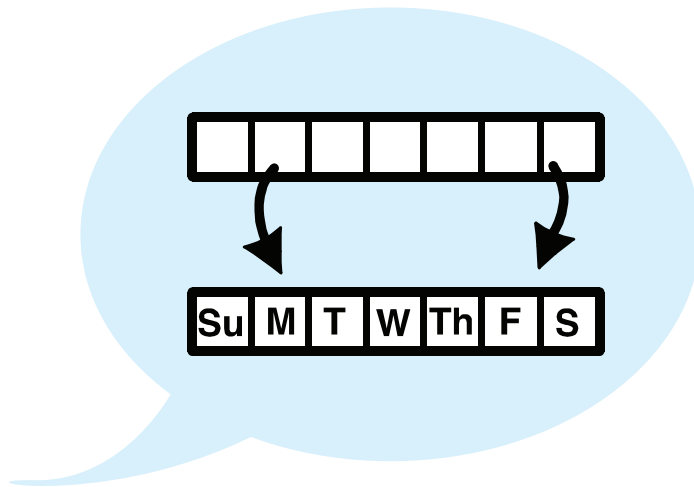
Someone will talk to me about the meeting, especially if I am not there for all of it.



We talked about...

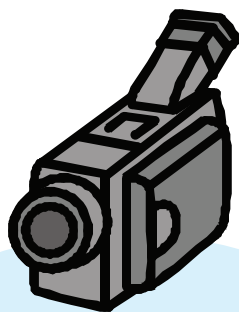
I will hear about what is going to happen next.

We are going to...



Meetings

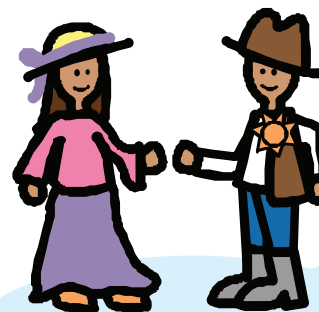
- When there is a meeting about me I can go if I want, maybe for a short time
- I can tell people who I would like to be there
- I will be told who else may be at the meeting
- We will talk about what may happen next



I can make a video



I can make a
booklet about me



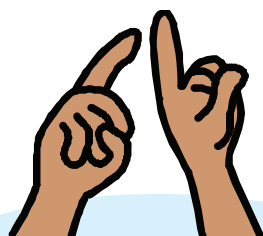
I can act it



I can show you my
school work



I can use symbols



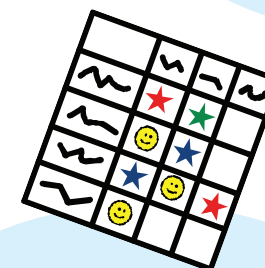
I can sign



I can show you
something I've made



I can make a 'photo
story' with my pictures



I can show my star
chart and tell you
all about it