

City of York Health and Wellbeing Board Newsletter

November 2018

Welcome to the latest edition of the Health and Wellbeing Board newsletter.

Since our last update, the Health and Wellbeing Board have met once and held a workshop focused around mental health.

The workshop had some really interesting and positive conversations with all in attendance agreeing the importance of all organisations in York working together to improve the emotional and mental health and wellbeing of our residents. This is not something that one organisation can do alone.

We are also working together to monitor progress against delivering our [all age mental health strategy 2018-2023](#) and the ambitions set out in our [joint health and wellbeing strategy 2017-2022](#). It is pleasing to see that initial analysis has shown we have improved in some areas but we still have work to do in many others. However, data can only take us so far and we need to enrich this with the real life experiences of our residents.

The Health and Wellbeing Board have also agreed to sign up to the [Prevention Concordat for Better Mental Health](#), this is a shared

commitment from all organisations that are part of the Health and Wellbeing Board to prevent mental health problems and promote good mental health. This fully supports the approach of the Health and Wellbeing Board to focus on improving the health of our population, rather than focusing on services and disease.

Finally, there have been some changes to the membership of the Health and Wellbeing Board and we would like to place on record our thanks to those people who have recently left the board: Jon Stonehouse, Martin Farran, Sarah Armstrong, Pat Crowley

And we extend a warm welcome to:

Michael Melvin, Maxine Squire, Catherine Scott, Patrick Scott and Alison Semmence who have joined the board.

Cllr Carol Runciman, Chair of the York Health and Wellbeing Board

Dr Nigel Wells, Vice Chair of the York Health and Wellbeing Board





Current Health and Wellbeing Board lead members:

- **Interim lead for the starting and growing well theme** – Maxine Squire (Interim Corporate Director for Children, Education and Communities, City of York Council)
- **Lead for the living and working well theme** – Sharon Stoltz (Director of Public Health for the City of York)
- **Interim lead for the ageing well theme** – Sharon Stoltz (Director of Public Health for the City of York)
- **Lead for the mental health theme** – Patrick Scott (Director of Operations, York and Selby at Tees, Esk and Wear Valleys NHS Foundation Trust)



Introduction from Patrick Scott, the new Health and Wellbeing Board lead for mental health



We would like to welcome Patrick Scott as the new representative for Tees, Esk and Wear Valleys NHS Foundation Trust (TEWV) on the Health and Wellbeing Board.

He became Director of Operations for the York and Selby locality on 1 August 2018. Patrick is a mental health nurse by training, he began his time in the NHS as a healthcare assistant and has worked with TEWV for three years, initially in North Yorkshire as head of adult services and most recently as Director of Operations in

Durham and Darlington. His professional practice has been across a range of services over the years, specialising in crisis work, self-harm and suicide prevention.

Patrick comments: 'I am delighted to have the opportunity to work in the York and Selby area. The locality has a strong reputation within TEWV and I have been very impressed by the staff I have met and the outstanding work that has gone on here in recent years.

'This is a vital and exciting time in the locality's history. Construction of our new, purpose-built hospital is now underway, allowing us to deliver a high quality inpatient service to the community. I am building relationships with other agencies and third sector organisations in the region and welcome the opportunity to meet stakeholders, in particular our service users and carers. My priority is to build authentic, meaningful engagement with service users and to take proper account of their perspectives as we develop our services.

'I am looking forward to taking up the position of Mental Health Lead for the Health and Wellbeing Board and also taking my place on the Mental Health Partnership. There are exciting opportunities for the city of York to build a response to the emotional wellbeing and mental health needs of our communities that breaks down traditional barriers between services, and engages communities in working with us to design new ways of providing and receiving care and support.'

Welcome Patrick!



News from the Chair of the Mental Health Partnership

Tim Madgwick updates us on the work of the mental health partnership:



In October, I presented my first report to the Health and Wellbeing Board as chair of the Mental Health Partnership. The Partnership has now met four times and has identified three key priorities to work on for at least the next 12 months:

- Self harm in young people
- Mental health housing and supported accommodation
- Early prevention

The partnership acknowledges that to make a significant difference a more collective and collaborative approach will be required to fulfil our ambition to work in a more integrated way and to deliver our ultimate vision for locality based community services and solutions which intervene with support at the earliest opportunity.

This is why my report asked for a commitment from all organisations represented at the Health and Wellbeing Board to do what is required to transform the mental health of people living in York.

You can see the full report [here](#).



Mental Health Round Up

At their October meeting, the board received other reports with a mental health focus:

All Age Autism Strategy

The Health and Wellbeing Board received a progress update on delivering the All Age Autism Strategy. The principles of the strategy are:

- People with autism and their families and carers are at the centre of everything we do
- Focus on people's strengths to overcome barriers
- Guidance, information and support are easily available
- The right support at the right time
- Increased awareness of autism across the City of York Council Living in your community and being included

The six areas of focus identified in the strategy are:

1. Inclusive communities
2. Assessment and diagnosis
3. Transitions
4. Training/education
5. Employment
6. Parent/carers support

The report detailed the progress made against these areas of focus and asked the Health and Wellbeing Board to endorse the action

plan in order to maintain progress and to actively promote York being an autism inclusive city. The Health and Wellbeing Board agreed to this.

You can read the full report [here](#).

Local Transformation Plan

The Local Transformation Plan reflects the aims and ambitions for children's emotional wellbeing in the local area and describes how it is working collaboratively to deliver them. The plan is refreshed annually and endorsed by the Chair of the Health and Wellbeing Board before being submitted to NHS England. You can read the full report [here](#).



Other News

- **The York Health and Care Place Based Improvement Partnership** is a strategic level, action focused partnership. It supports cross-organisational change by collectively and proactively working together to address delivery of longer-term improvements across the city's health and social care services. Its programme of work is focused on the improvement plan following the 2017 Care Quality Commission's (CQC) Local System Review. The partnership have identified three work streams; digital, workforce and capital and assets. These align with the priorities of the
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Humber, Coast and Vale Sustainability and Transformation Partnership.

- There will be a follow up **CQC Review** in November 2018 to check progress against our action plan and how well we have improved.
 - The Health and Wellbeing Board agreed to establish an **Ageing Well Partnership** to deliver on the ageing well theme of the joint health and wellbeing strategy 2017-2022. The first meeting of this partnership will take place before the end of the year.
 - Healthwatch York have published their latest report: [Lesbian, Gay, Bisexual and Trans+ \(LGBT+\) Experiences of Health and Social Care Services in York](#). The Health and Wellbeing Board received the report and requested that the organisations represented on the Health and Wellbeing Board respond to the recommendations in the report.
 - Annual Reports for both the [City of York Safeguarding Adults Board](#) and the [City of York Safeguarding Children Board](#) were received
 - The **Director of Public Health** for the City of York has published her [annual report](#) for 2017/18. The report can be found here and there is a ten minute accompanying [video](#)
 - The Chair of the Health and Wellbeing Board has written a [blog](#) for the Centre for Mental Health
 - New [induction information](#) has been published for Health
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and Wellbeing Board members and substitutes

All our meetings are webcast and available to view at www.york.gov.uk/webcasts so if you are unable to attend one of our meetings you can watch them on demand whenever suits you!

We hope you find this newsletter useful, if you have any feedback or ideas for future newsletters or views on health and wellbeing in York we would love to hear from you.

Please email healthandwellbeing@york.gov.uk .

