

Post-16 Pathways 2026–2027



A guide for young people, parents
and carers on next steps after Year 11

Visit: york.gov.uk/SchoolLeavers



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Introduction

The government expects you to continue in education or training until at least your 18th birthday (throughout Year 12 and into Year 13). This will allow you to gain skills and qualifications that help you to progress to higher education, work, and adult life.

Schools and the Local Authority (City of York Council) work together to guarantee you will have an appropriate offer of education or training by the end of the September after you finish Year 11.

York has a wide range of high-quality options available for all young people, at all levels. Whatever you are doing now, there is a pathway for you to follow from September 2027.

When you have decided on your preferred pathway, you can make applications to school sixth forms, colleges, apprenticeship employers or other providers. Information on how to apply will be available on their website or in their brochure (often called a 'prospectus'). Your school will be able to provide you with further information.

If you have not been accepted onto a full-time course, or into employment with training, don't worry. There are some shorter programmes available, that you can join at other times in the year, to help you progress into full-time education, or employment with training (**see pages 20-23**).



Helping you decide

Deciding what you want to do after Year 11 can be both exciting and stressful, and there are many options to consider. This booklet gives initial information and tells you where to find out more. It has been designed with all students in mind, with the sections in blue containing additional information for students with an existing **Education, Health and Care Plan (EHCP)**.

All sections relating to an Education, Health and Care Plan (EHCP) will have an EHCP Icon.



**EHCP
icon**

When making decisions, it is important to have the right information. To help you make positive and informed decisions, take the time now to:

- Find out information about different routes into education or employment with training (often referred to as ‘pathways’) from events, websites and literature.
- Share the information in this booklet with your parents/carers.
- Make sure you attend taster days (**see page 28**) with post-16 providers. This is especially important if you are considering taking up a subject you have not yet studied.
- Ensure you understand the different qualifications, levels and pathways available (**see pages 8-19**).
- Talk to your teachers about the Careers Education, Information, Advice and Guidance programme in your school, which can support you to understand your choices and make successful decisions.
- Have a chat with your parents/carers about what you enjoy, what you are good at, what motivates you to learn, the environment you want to be in and your own learning preferences.
- Think independently about your choice, not about what your friends are doing.



If you have Special Educational Needs and/or Disabilities

If you have Special Educational Needs and/or Disabilities (SEND), your focus may not just be on education or training but may cover the broader aspects of preparing for adult life, including paid work.

Paid work can give you financial independence, help you to meet friends, and it's good for physical and mental health. It's never too early to start thinking about the best way to prepare for paid work – start by thinking about what you enjoy, your hopes, and the skills and qualifications you may need.

To help you achieve your aspirations, your learning could become more vocational (education or training linked to a particular skill or trade). These programmes can help you identify opportunities for employment, and improve your communication, relationship, and independent living skills. Most full-time programmes are 3-4 days per week, giving you time for activities outside of education.

If you have SEND and an EHCP this may help inform your education, employment or training choices. Not all young people with SEND have or require an EHCP. If you need additional support, speak to student services at your education setting. You can also access general information and advice from SENDIASS ([see page 64](#)).

York SEND Local Offer

The York SEND Local Offer: yorksend.org provides more information for young people with special educational needs, disabled young people and parents/carers.



If you have an Education, Health and Care Plan (EHCP)



You can check if you have an EHCP by asking your teacher, parent, carer, or someone who supports you.

In Year 11, the annual review of your EHCP will focus on your preparation for leaving school. It is important that you try to take part in your review meeting to help you plan your next steps towards training and employment.

The Preparation for Adulthood outcomes in your EHCP will help you make this plan into a reality, and guide your decisions about your education, training and employment choices. Your SEND caseworker will support the transition process, and you will have the support of a Specialist Learning and Employment Adviser, who can help you prepare to make choices relating to education, training and employment.

You will also have opportunities to attend open events and taster sessions to support your decision making.

In this guide, sections with a blue background and a pink symbol show additional education and employment with training opportunities if you have an EHCP, including:

- Local schools and colleges - including study programmes **(see pages 12 and 26-28)**
- Supported Internships **(see pages 24 and 29-41)**
- Personalised Learning and Work Experience Programmes **(see pages 26 and 29-41)**
- Useful contacts for you when preparing for adulthood **(see page 62)**



Qualification Levels

The level of the programme that you will be able to start will depend on what qualifications you already have or are expecting to achieve by the time you move on from Year 11. GCSEs are graded using a numbered scale from 9 (the highest grade) to 1 (the lowest grade).

Currently, if you are not awarded a GCSE at grade 4 (previously grade C) or higher in English or maths, you will continue to have English and/or maths included in your next course or training programme.

See the next few pages for an overview of the different levels of qualifications and courses.

Examples of courses and qualifications				
Level	Academic	Vocational and technical	Work-based	Average time to complete
7	Post-grad Degree Apprenticeship, Master's Degree, NVQ, Level 7 Award, Post-graduate Certificate, Post-graduate Diploma			18–24 months
6	Level 6 Award, Certificate, Diploma	Level 6 Award, Certificate, Diploma, Degree with or without honours, Graduate Certificate, Graduate Diploma	Degree level apprenticeship	3 years
5	Diploma of Higher Education	Level 5 Award, Certificate Diploma, Higher National Diploma (HND) Foundation Degree	Higher level apprenticeship	1–5 years
4	Certificate of Higher Education	Level 4 Award, Certificate, Diploma, Higher National Certificate (HNC)	Higher level apprenticeship	1 year
Entry Requirements* ^ 2-3 A Levels or equivalent level 3 qualification, plus GCSE English and maths grade 4-9 ^				
3	A Level	BTEC level 3 Award, Certificate, Diploma, T Level, V Levels	Advanced level apprenticeship	2 years
Entry Requirements* ^ At least 4 GCSEs at grade 4-9, (often including English and maths); or another level 2 qualification ^				
2	GCSE Grades 9-4, Level 2 Essential Skills, Level 2 Functional Skills	BTEC level 2 Award, Certificate, Diploma	Intermediate level apprenticeship	1 year
Entry Requirements* ^ Level 1 qualification or some GCSEs at grade 3 ^				
1	GCSE Grades 3-1, Level 1 Essential Skills, Level 1 Functional Skills	Level 1 Award, Certificate, Diploma		Varies
Entry	Entry Level Award, Certificate, Diploma Functional Skills entry level 1, 2 and 3 Essential Skills and Skills for Life			Varies
Entry Requirements* ^ No GCSEs or formal entry requirements ^				

*These are typical entry requirements, but some courses have different entry requirements. You would need to check. For more information on what qualification levels mean, visit [GOV.UK](https://www.gov.uk).

Further Education and Training

All post-16 study programmes typically combine qualifications and other activities and are tailored to your prior attainment and career goals. They usually include a qualification (academic, vocational or technical) and preparation for employment.

All courses below are classed as full time, however, may not require attending classes five days a week.

Academic qualifications

If you want to continue studying your favourite subjects in-depth at a sixth form, college or other provider or if you're thinking about university.

- **A Levels (level 3)**

A key route into higher education for degrees or degree level apprenticeships. You will typically choose 3 A Levels which are available in a wide range of subjects across the city, for example: history, maths and sciences to more applied subjects such as business, media studies and IT. They are usually studied at the same time over two years. Alongside your chosen A Levels, you will have opportunities to undertake activities that expand your learning beyond the subjects you're studying (these are known as enrichment programmes and can cover a range of areas).

Vocational, sector-related or applied general qualifications

If you're interested in a particular sector or industry, but not sure what job you'd like to do and would like to develop transferable knowledge and skills. They are available in a range of sizes which are equivalent to one, two, or three A Levels and can enable entry to employment, an apprenticeship or a range of higher education courses. These are typically more coursework based.

- **BTEC Awards, Certificates and Diplomas (level 2 and 3)**

If you would like a course that's more practical, includes some work experience, or you already know what type of job you want. There are many types of technical qualifications in a wide range of subject areas and levels. They enable entry to employment or an apprenticeship in that occupational area, or progression to a related further or higher education course.

- **V Levels (level 3)**

Equivalent to one A Level, V Levels offer a level 3 qualification with a vocational pathway, if you want to explore different sectors before deciding where to specialise. V Levels are a new opportunity from September 2027. The first subjects available from September 2027 will be Digital, Education and Early Years and Finance and Accounting. You can combine V Levels with A Levels.

Technical or job-related qualifications

If you would like a course that's more practical, includes some work experience, or you already know what type of job you want. There are many types of technical qualifications in a wide range of subject areas and levels. They enable entry to employment or an apprenticeship in that occupational area, or progression to a related further or higher education course.

- **T Levels (level 3)**

Equivalent to three A Levels, T Levels offer specialised technical knowledge and skills tailored to specific job roles. They combine classroom learning with an industry placement of at least 315 hours, serving as a route into employment, further study or a higher apprenticeship. Locally, Askham Bryan College, Bishop Burton College and York College offer T Level courses in a wide range of areas, such as construction, engineering, education, early years and management. Visit their websites for further details.

- **Technical Certificates/Diplomas (level 2)**

These give you the opportunity to develop specialist knowledge and skills to cover jobs where employers recruit people with specific level 2 qualifications, as well as jobs where you need to have a level 2 qualification before you can progress to level 3. Typically, more exam and coursework based and often used alongside re-takes of English and/or maths. Designed to support you to progress to higher level study such as T Levels or apprenticeships.

Work-based qualifications

If you know what sector or organisation you'd like to work in, or want to gain transferable skills that employers value.

- **Apprenticeships (levels 2-7) (see pages 13-19)**

They enable you to work alongside experienced staff, gain job-specific skills and get paid a wage. You usually start on level 2 or 3 (equivalent to GCSE or A Level) and could progress up to level 6 or 7 (bachelor's or master's degree level). You benefit from off-the-job training to improve your skills and knowledge to help you perform better in your role. You may complete a portfolio, formal assessments, qualifications and examinations or projects. Apprenticeships often lead to progression in employment or to university.

- **NVQs (level 1 and above)**

NVQs are now usually integrated into other work-based qualifications, rather than standalone qualifications. They can be taken by school and college students with a work placement or part-time job* that enables them to develop and demonstrate the appropriate skills employers need. They are assessed in a combination of ways: portfolio and observation.

* if you are aged 13-16, your employer must obtain a child employment permit from your local council.

Additional pathways for students with an EHCP

- Supported Internships ([see page 24](#))
- Personalised learning and work experience programmes ([see page 25](#))
- Specialist providers and pathways for young people with an EHCP ([see pages 29-41](#))



These programmes will help develop skills for paid employment and may help you to progress onto an apprenticeship. ([See page 13](#))

Other pathways

Below level 2 (entry level – level 1) ([see pages 20-23](#))

If you are not quite ready to progress to a level 3 qualification, then Foundation Learning could be for you. Foundation Learning is an individual programme, to help you focus on your own specific needs, e.g. personal and social skills, confidence building, reading, writing, numeracy and digital skills. Programmes include vocational learning and skills development and can include a range of vocational options of various durations.

Institutes of Technology (level 3-5)

Institutes of Technology (IoTs) are collaborations between Further Education (FE) providers, Higher Education (HE) providers and employers.

IoTs deliver high quality, technical qualifications, such as Higher National Certificates (level 4), Higher National Diplomas (level 5), apprenticeships (levels 2-7), T Levels (level 3) and foundation degrees (level 5).

Courses specialise in subjects that suit the region's skills needs including agriculture, horticulture and animal care, digital, engineering and construction, as well as other technology-focused industries like transport, creative and manufacturing.

York College and University Centre and Askham Bryan College are key partners in the IoT locally (although do not necessarily offer all courses/qualifications).

For more information and to read the full list of courses and partners involved in the Yorkshire and Humber IoT, visit [Yorkshire and Humber - Institute of Technology](#) (yhiot.ac.uk).

Training Through Employment

Apprenticeships

Apprenticeships combine real work with training and study. You work alongside experienced staff and gain job-specific skills that you put into practice straight away. As an apprentice, you will not be asked to contribute financially to your training and assessment. Employers are responsible for this and can receive government grants and funding to support with this.

As an apprentice you'll:

- Receive a contract of employment typically full-time for 12-20 months, however depending on the apprenticeship and employer, you could work part time.
- Earn a wage and get holiday and sick leave entitlements.
- Follow an apprenticeship standard (course) that is relevant to your job role.
- Spend at least 6 hours per week (within your contracted hours) building your portfolio of evidence to showcase the knowledge, skills and behaviours you are learning as part of the apprenticeship standard.
- Undertake an end-point assessment (EPA).

An apprenticeship often leads to progression in employment, a higher-level apprenticeship, or university.

For a searchable list of approved standards, visit the [Skills England website](https://skillsengland.education.gov.uk/apprenticeships/) (skillsengland.education.gov.uk/apprenticeships/).

Foundation Apprenticeships

Level 2 Foundation Apprenticeships are employed positions for younger people who want hands-on experience in key sectors like construction, digital and social care. They provide a mix of employability skills and behaviours, technical knowledge and skills, and associated English and maths.

Foundation apprenticeships are designed to have a minimum duration of 8 months, and to support progression onto a further level of apprenticeships or into employment.



Apprenticeships can be accessed by young people with additional needs or an EHCP as employers are required to make appropriate, reasonable workplace adjustments. They combine practical training with study and can be part-time if needed.



353,500

people started an
apprenticeship in
2024/25

650+

apprenticeship
standards approved
for delivery

Data sources:

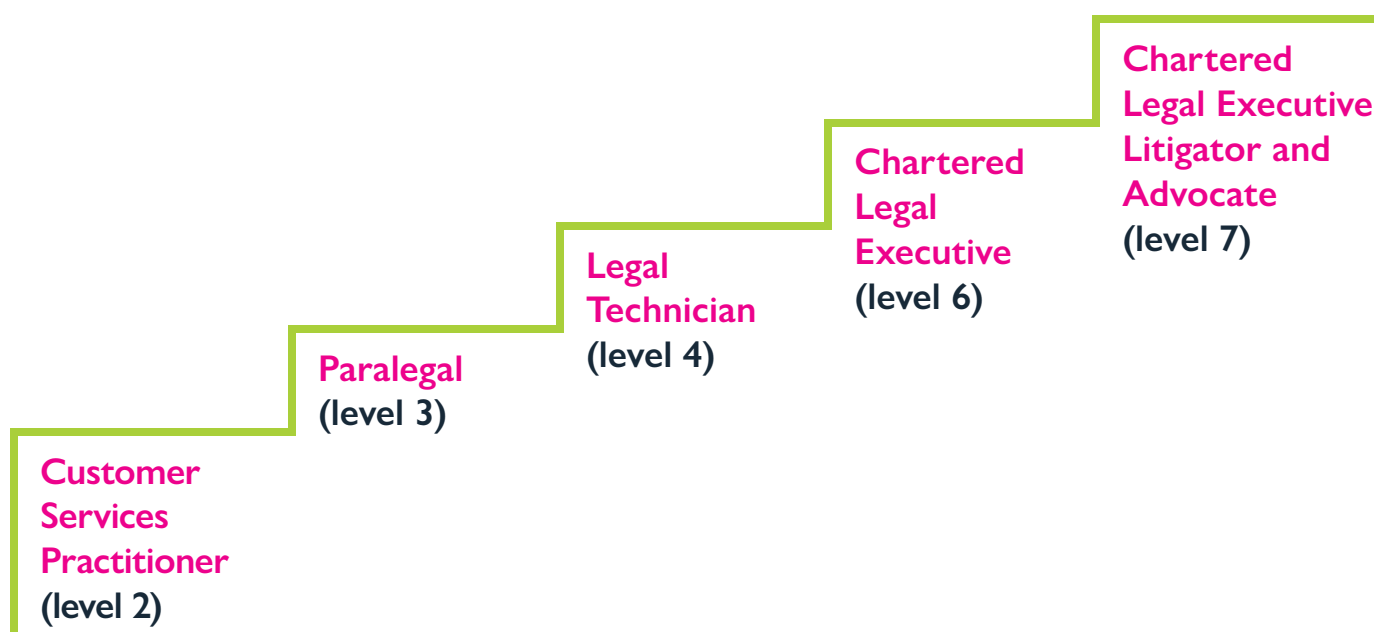
- **Explore Education Statistics Gov.UK**
(explore-education-statistics.service.gov.uk/find-statistics/apprenticeships)
- **Institute of Apprenticeships**
(instituteofapprenticeships.org/apprenticeship-standards)

Levels and entry requirements

You usually start an apprenticeship at level 2 or 3 (equivalent to GCSE or A Level) and could continue onto level 4 or 5 (foundation degree level) and in some cases, up to level 6 or 7 (bachelor's or master's degree level). If you do not hold English and maths GCSE passes, or Functional Skills level 2, and are aged 16-18 when you start, you would be supported to re-sit them alongside any level of apprenticeship.

Levels of Apprenticeships			
Intermediate Level 2	Advanced Level 3	Higher Levels 4 - 5	Degree Levels 6 - 7
Broadly equivalent to GCSEs	Broadly equivalent to A Level	Broadly equivalent to Foundation Degree level	Moving on to Degree and Master equivalent qualifications
A minimum of 12 months	Average of 18 months	Average of 24 months	Average of 24 – 48 months

You might have to start a lower-level apprenticeship straight from school but could progress through training and experience. For example, in the legal sector:



See pages 44-51 for local labour market information.

Training providers

Apprentices and employers are supported by a training provider, who deliver the skills, knowledge and behaviours required for the apprenticeship. These could be independent organisations, colleges or universities. There are several ways to receive training: day release at a college or training centre, block placements, or virtually with visits to your workplace by the training provider.

Financial support

If you have been in the care of the local authority, a **bursary for care leavers** (gov.uk/government/publications/apprenticeships-bursary-for-care-leavers/apprenticeships-care-leavers-bursary-policy-summary) may be available. This is dependent on your circumstances. For more information **see page 67**.

Applying

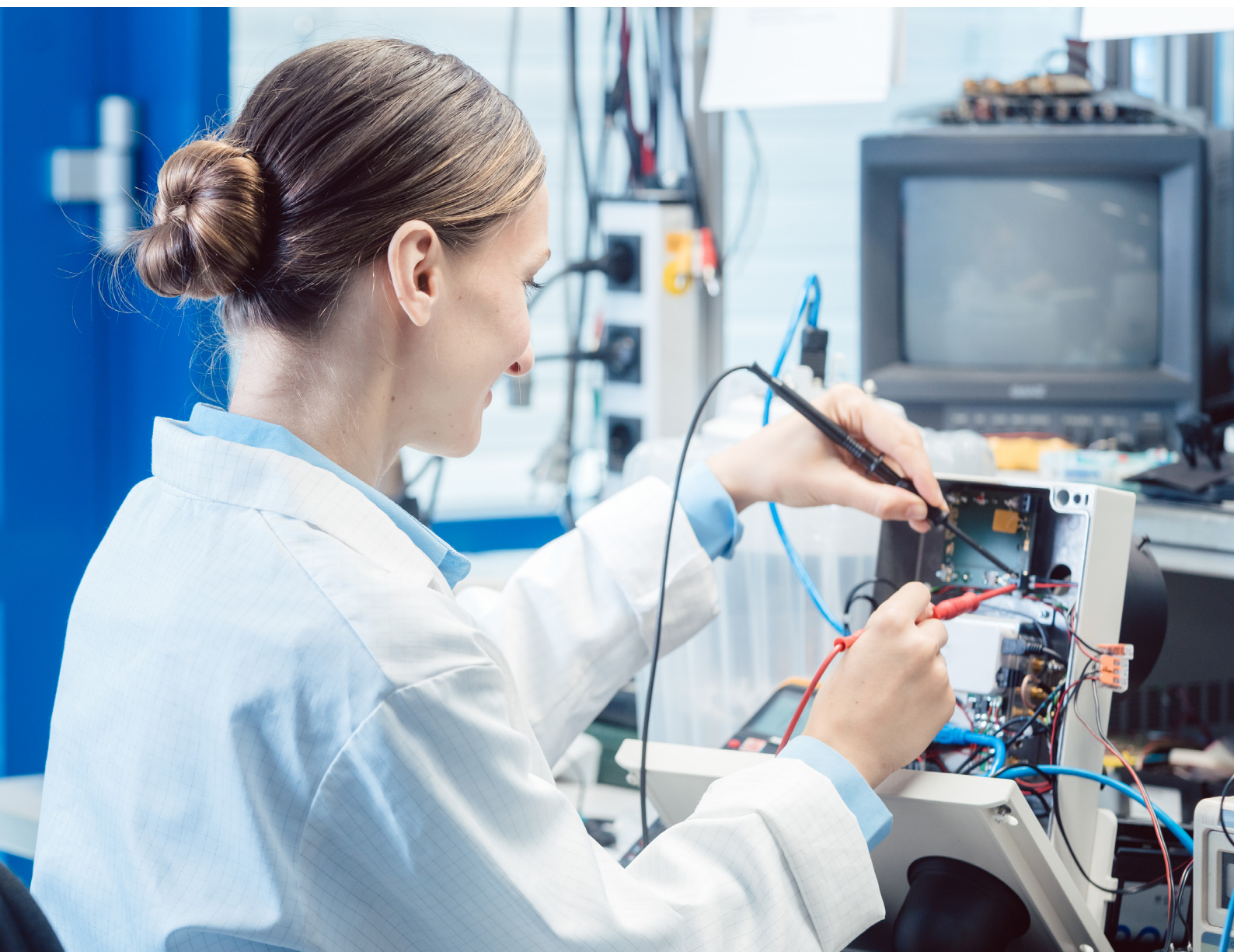
Apprenticeships are advertised year-round, however some larger apprenticeship recruitment drives, or degree level vacancies tend to take place between October and February, to start the following September.

- **Main government apprenticeship vacancy website:**
Find an Apprenticeship (gov.uk/apply-apprenticeship)
- **Construction vacancies:**
Talent View Construction (talentview.org/construction)
- **Rail vacancies:**
Routes into Rail (routesintorail.org/apprenticeships)
- **City of York Council Apprenticeships in York Facebook Group:**
Apprenticeships in York (facebook.com/groups/apprenticeshipsinyork)
- **Apprenticeships and graduate jobs:**
UCAS (ucas.com/explore/search/apprenticeships)
- **Higher and Degree Vacancy Listing (updated twice per year):**
Amazing Apprenticeships (amazingapprenticeships.com/higher-degree-listing).
- **Check which training providers deliver the apprenticeships you are interested in and contact them for upcoming vacancies:**
Find Apprenticeship Training (gov.uk/employers-find-apprenticeship-training).

As not all apprenticeship jobs are advertised on the websites above, approach employers with your CV and check their websites and social media throughout the year. Employers may not be considering an apprentice but might change their minds when presented with a great candidate.

Further information

- **Amazing Apprenticeships Resources** (amazingapprenticeships.com/resources) has a range of apprenticeship resources including guides on applying, career paths linked to subjects, case-study videos, parents and carers pack, webinars and the Higher and Degree Vacancy Listing.
- **UCAS** (ucas.com/apprenticeships) has careers advice and tools, guides, a podcast, and information.
- **York Apprenticeships** (york.gov.uk/yorkapprenticeships) can provide you with local information.



Advice from York Apprentices

“

I chose this route as it allows me to **learn a trade** while also getting a **qualification**.

“

Although an apprentice wage can sometimes be lower initially, the **prospects** at the end are very good.

“

The key thing **employers are looking for** alongside your qualifications is **experience**. An apprenticeship gives you that.

“

Apply for several different positions that appeal to you, as you can often get a feel for a place during interviews and there is also a lot of competition for vacancies.

“

Do research and look at your options. It **puts you a step ahead** at a young age, earning a wage, gaining work experience and getting qualified.

“

Apprenticeships give you lots of **opportunities and experience**. The best thing about it is you get to earn while you learn.

Supported Employment

A personalised model for supporting people aged 18 years or older with significant disabilities to secure and retain paid employment. Eligible young people may progress from other programmes such as work experience, apprenticeships and Supported Internships.

You will get:

- Support to identify your aspirations, learning needs, skills, experiences and job preferences (with parent/carer and support worker involvement).
- Support with practical job finding and job carving to ensure it suits your needs.
- An induction in the workplace and ongoing training as well as out of work support if needed.
- A development plan to record your goals.
- Support with career development beyond the programme.

For more information on where this is available locally **(see pages 29-41)**.

Supported Employment is overseen by the British Association for Supported Employment (BASE).

Connect To Work

Connect to Work is an employment focused programme designed to help people build confidence and move successfully into paid work. The programme blends personalised coaching, employability skills, and direct links with local employers, making it a strong choice for people who are ready to take their next steps toward the workplace.

Eligibility

- 16-17 year olds who meet certain exceptional criteria such as being out of education/training, on Universal Credit, or at risk of losing an apprenticeship due to disability or barriers. Reviewed on a case-by-case basis.
- Open to adults aged 18+ who need help overcoming barriers to employment or want guidance to move into a suitable job.

If you want to know more please contact York Learning through connect2work@york.gov.uk or find more information on the [York and North Yorkshire Combined Authority website](#).

Other Education Pathways and In-Year Provision

If you are not ready to start a course in September or find the course you have chosen is not right for you, other learning options may be available. Below are examples of local programmes that accept learners at different times in the year (subject to change).

York College



Visit: yorkcollege.ac.uk

September

Level 1 provision is available in most curriculum areas and is suitable for learners with few, or no, qualifications on entry, starting in September. Students can ask about starting their studies in a subject they are interested in by attending College open events and during enrolment.

Entry Level 3, Level 1 and Level 2 Vocational Studies are also offered. These programmes are based around employment, training and personal development.

They are designed to help with key employability skills development and self-confidence, whilst also focusing on English and maths if students have not secured a Grade 4 or above at GCSE. These courses are typically 3 days a week.

We also offer a Supported Internship for young people with an Education, Health and Care Plan (EHCP). This is a work-based transition programme designed specifically for students aged 18 – 24 with current EHCPs who are ready to progress from education to employment. For more information [see page 41](#).

Future Steps: Supporting you towards your goals

(September and November start dates)

Future Steps is a personalised transition programme designed to support students as they take their next steps into college, employment, and independent adulthood.

The course is aimed at students who may find returning to education or moving into a new environment challenging. Future Steps provides a supportive and structured pathway that helps students develop the skills, confidence, and resilience needed to succeed in college and beyond. Our programme focuses on preparing students for their chosen progression route while recognising that every individual starts from a different place. It will cover personal development, employability and careers, English and maths, community participation, and guidance for progression routes. It is suitable for students working at Entry 1 Level to Level 2. For further details please contact Liza Bradley: lbradley@yorkcollege.ac.uk

January

A range of vocational provision is available across College starting in January. The college's careers team can work with you to find suitable courses starting at this time of year.

Askham Bryan College



Visit **Foundation Learning at Askham Bryan College** (askham-bryan.ac.uk/courses/foundation-learning) or contact the College on 01904 772277 for more information about the following courses or taster day events.

Entry 1 Independence and Employability Skills: A fun and bespoke programme tailored to meet individual student needs who may not be ready for a full-time vocational pathway and require a little extra support. This course will help you develop key transferable skills and knowledge for living independently and social development. You will access community facilities, participate in group work experience placements and develop confidence working with animals in the College's wildlife park and farm.

Entry 2 and Entry 3 Skills for Working Life: This course will help you develop a range of transferable skills, explore campus facilities, work with the animals in the wildlife park and farm, and offers trips, guest speakers and group off-site work experience. You will study through a mix of practical and theory sessions.

Step Into: This programme is aimed at learners ready to upskill their industry, professional and personal skills. You will develop these skills by participating in off-site projects, accessing the facilities on campus in the animal wildlife park, working farm, equine yard and horticulture department working towards essential reflective skills including teamwork, sustainability and study skills. The programme includes a mandatory group work placement off-site to further stretch and challenge developed skills in a safe and supportive environment.

Level 1 Pathways: Take your first steps on the career ladder and study a level 1 Diploma Land-Based Programme; you can select a specific pathway of either Agriculture, Animal Care, Equine, Sport or Conservation. There is a focus on practical skills, but the programme will also develop your academic skills over the year. There are no formal exams, you will be assessed over the course completing a range of practical and written tasks. This course will help you develop transferable skills that employers are looking for and improve your personal performance through 60 hours of work experience in a relevant setting.

The Bridge and Level 2 Pathways: After a year of study at level 1, many students progress onto level 2. This can be in the mainstream section of the college. However, for those who are not ready for the demands of a full level 2 qualification, there is the unique opportunity to study on The Bridge Programme. The Bridge is a level 2 qualification in Animal Care or Land-based Studies. You would be awarded a level 2 certificate from City and Guilds, or the Open College Network on completion. You will broaden your existing vocational skills, develop your ability to study independently, explore career routes within the industry and boost your confidence. You will also undertake 75 hours of work experience in a setting that is relevant to your qualification.

The King's Trust TEAM Programme (12 weeks, 3 start dates a year): This programme challenges you to develop self-confidence, interpersonal and employability skills. It includes a one-week residential and a two-week work placement and gives you the chance to contribute through community projects. You will also get support to find work, become self-employed or progress to further study.

Kick Start: This programme offers students a unique opportunity to step confidently into mainstream college life in a supportive and inclusive way. This dynamic 12 week programme is designed to smooth the transition from school, inspiring learners to develop the skills, knowledge, and behaviours they need to thrive in a college environment. Students will be encouraged to explore and benefit from the full range of campus facilities, building independence and confidence as they prepare to progress onto a full-time study programme the following academic year.

YORK Learning

Routes 2 Success is a supportive full time study programme. This may be the course for you if you are aged 16-19 (or up to 25 with an EHCP) and not yet ready to access mainstream post-16 study and find you learn more effectively in a small group setting. The programme aims to build on your personal and academic skills, supporting your transition to further education, training or work. You can study English and maths from entry level Functional Skills to GCSEs alongside a City and Guilds qualification in employability skills, as well as undertaking a work placement. The programme also supports you to develop your personal and social skills alongside life skills, preparing you to positively progress into adulthood.

For more information contact alison.thorne@york.gov.uk (07796 818184)

York Learning also provides free courses for people aged 19+ without GCSE grade 4/C and above to gain Functional Skills or GCSE qualifications in English and maths.

See page 38 for further details.



Additional learning options for students with an EHCP

Supported Internships



A Supported Internship can be a good way to develop your independence, confidence and the skills valued by employers.

A Supported Internship will typically last between 6 months and one academic year. Whilst you are not paid during the programme, you will benefit from being part of a real business and develop skills to help you secure paid employment or an apprenticeship. You may also undertake further employability skills training and English and maths if required.

It is mainly based at the employer's workplace, where you learn on the job with support from a Job Coach and Tutor. If you learn best by 'doing' and are ready to work but need extra support to take that step, a Supported Internship may be right for you.

More information regarding local opportunities is available on the **York SEND Local Offer** (yorksend.org/preparing-work/supported-internships) website and go to **pages 29-41** to see which local providers offer Supported Internships.

“What I like about it is that we get a feel for what it's like to be in a working environment. I think it helps us prepare for when we get a job in the future.”

—
Intern

“The provider has been amazing in the support and guidance they have given to our son. The work coaches and tutors have got him to focus and allow him to discover his career potential. They have helped him to grow as a person and equipped him with life skills that will aid him in obtaining employment and living independently in the future.”

—
Parent



Personalised Learning and Work Experience Programmes



These programmes focus on work experience and include a tailored package of learning which prepares you for employment (or volunteering) and independent living, building towards living a full adult life in York.

This pathway could be appropriate for you if you want to continue your education when you leave school in a vocational setting or if your needs cannot currently be met by other programmes offered locally.

It combines three elements:

- Education and training (including English and maths) with a local provider, including the opportunity to gain further qualifications and employability skills.
- A period of work experience or volunteering doing something you are interested in. This will help you build your CV and strengthen your employability skills.
- Independent living skills to enable you to gain skills for everyday living and being part of your local community.

Providers in York: Sixth Form Schools and Colleges

All Saints Catholic School



Mill Mount, York, YO24 1BJ
allsaintsyork.npcat.org.uk | 01904 545206
6fenquiries@allsaintsyork.npcat.org.uk

A range of A Level and BTEC qualifications.

Open evening 2026: Tuesday 10 November



Archbishop Holgate's School



Hull Road, York, YO10 5ZA
archbishopholgates.org | 01904 411341

A range of courses including A Levels, BTECs and other level 3 qualifications.

Open evening 2026: Tuesday 17 November



Askham Bryan College



Askham Bryan, York, YO23 3FR
askham-bryan.ac.uk | 01904 772277

Vocational study programmes and apprenticeships linked to outdoor careers and land-based industries.

Open events 2026/27 (all Saturday):

17 October, 28 November, 30 January,
17 April, 12 June



Fulford School



FULFORD SCHOOL
realising potential - creating the future

Fulfordgate, York, YO10 4FY

fulford.york.sch.uk | 01904 666406

sixthform@fulford.york.sch.uk

A range of A Levels and other level 3 qualifications.

Open evening 2026:

Wednesday 11 November



Huntington School



HUNTINGTON SCHOOL

Huntington Road, Huntington, York, YO32 9WT

huntingtonschool.co.uk | 01904 752100

6thform@huntington-ed.org.uk

A range of A Levels and other level 3 qualifications.

Open evening 2026: Thursday 19 November



Joseph Rowntree School



The Joseph Rowntree School
the right school to grow in

Haxby Road, New Earswick, York, YO32 4BZ

josephrowntree.co.uk | 01904 552100

A range of A Levels and a small number of vocational courses, including BTECs and AAQs.

Open evening 2026: Thursday 12 November



York College and University Centre



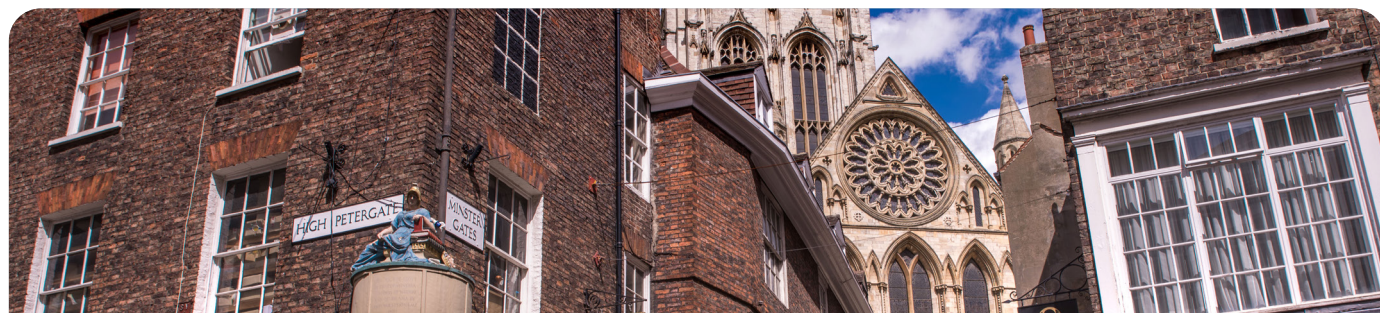
Sim Balk Lane • York • YO23 2BB
yorkcollege.ac.uk • 01904 770397

A wide range of A Level and Mix courses, vocational courses, T Levels, apprenticeships, courses for adults, Degrees and higher-level study.

Open events 2026/27: Tuesday 6 October,
Saturday 7 November, Thursday 19 November,
Wednesday 17 February, Thursday 29 April



See individual websites for more information and timings.



Year 11 Taster Days

On 12 and 14 January 2027, York school sixth forms and colleges will be offering taster days for Year 11 students to trial post-16 options. Other taster day opportunities might also be available for example to learn about routes into construction careers. Applications usually open in early October and the deadline is usually end of November (unless otherwise stated). Ask at school for more information about the Year 11 Taster Days.

Independent Schools

- **Bootham School**
Bootham, York, YO30 7BU | 01904 623261 | boothamschool.com
- **St. Peters School**
Clifton, York, YO30 6AB | 01904 527300 | stpetersyork.org.uk
- **The Mount School (girls only)**
Dalton Terrace, York, YO24 4DD, 01904 667500 | mountschoolyork.co.uk

Specialist providers and programmes for young people with an EHCP



Specialist provider	Type of programme			
	Further Education	Personalised Learning and Work Experience Programmes*	Supported Internships*	Supported Employment*
Ad Astra		✓		
Applefields	✓			
Askham Bryan College	✓			
Blueberry Academy		✓	✓	✓
Choose 2		✓		
Minster Provision	✓			
NHS Choices College			✓	
Shaw Trust			✓	
Routes 2 Success (York Learning)	✓			
Smart-Ways (Tang Hall SMART CIC)	✓	✓	✓	✓
United Response		✓	✓	✓
York College	✓	✓	✓	

For more information [see pages 30-41](#), or visit the [York SEND Local Offer website](http://yorksend.org) (yorksend.org).

*[See pages 19, 24 and 25](#) for a definition of the above programmes

Ad Astra

Ad Astra Post-16 provides a supportive, practical and individualised learning environment for young adults aged 16-25. We recognise that a traditional classroom or college environment is not the right pathway for every young person. At Ad Astra, learning is built around the individual, combining education with practical experience, personal development, employability and preparation for adulthood.

Learning Through Experience

Our Post-16 programme provides opportunities for young people to develop their English and maths alongside practical and vocational learning.

Learners can access a range of hands-on experiences, including construction, mechanics, painting and decorating, horticulture, animal care and land-based activities, helping them identify their strengths, develop new skills and explore potential career pathways.

Our rural provision at Bill's Place in Wheldrake gives learners the opportunity to work with animals, horticulture and practical projects in a real working environment. These experiences encourage responsibility, teamwork, communication, problem-solving and resilience.

Preparing for Adulthood

Post-16 at Ad Astra is about much more than gaining qualifications.

We support young people to develop the skills they will need to become more confident and independent adults. This includes communication, managing responsibilities, travelling safely, making decisions, developing positive relationships and understanding expectations within the workplace and wider community.

A significant part of our Post-16 programme focuses on developing the practical skills young people need for greater independence in adult life.

This can include budgeting and managing money, shopping and meal planning, cooking, household tasks, personal organisation, using public transport, attending appointments, accessing community services and understanding personal responsibilities.

Through work experience, employer engagement, vocational activities and supported opportunities, learners can build their CV, develop workplace behaviours and discover the type of environment in which they are most likely to thrive.

Contact details

Website: adastrauk.co.uk

Enquiries: admin@adastrayork.co.uk



Applefields

Applefields' Moving On Curriculum empowers students aged 16-19 to "Own Your Future". To achieve this we offer two distinct pathways:

My Enterprise: Teaches students with moderate to severe learning difficulties about employability and preparation for adult life through hands-on, student-run enterprises.

My Community: Prepares students with profound difficulties and complex needs to be active participants in their community, focusing on communication, autonomy and meeting sensory and physical needs.

Contact details

Website: applefieldsschool.co.uk

Email: info@applefields.pmat.academy

Phone: 01904 553900

Askham Bryan College

Askham Bryan college is a mainstream further education establishment, offering you the opportunity to study a land-based pathway. They offer courses from entry 1 right up to degree level if you are aged 16-25.

The Foundation Learning department offers a nurturing environment located in the heart of the campus. This allows for adaptive teaching opportunity whilst maintaining high expectations for all, so that you have the opportunity to meet expectations. It is home to well-qualified and experienced staff to ensure you follow study programmes, including a full range of land-based routes offering progression onto higher-level courses.

Effective learning support ensures that you develop the knowledge, skills and behaviours you need for further learning and preparation for adulthood. This includes employability skills through your vocational qualification and access to specialist work related resources in each curriculum area and the wider community.

They have excellent links with local schools and a wide range of external agencies enabling a strong lead to excellent support for transition into college.

Contact details

Website: askham-bryan.ac.uk

Email: enquiries@askham-bryan.ac.uk or
inclusive.services@askham-bryan.ac.uk

Phone: 01904 772277

Blueberry Academy

Blueberry provides Personalised Learning Programmes in Preparation for Adulthood (PFA), supporting young people with EHCPs to develop greater independence and employability. Personalised Learning PFA Programmes are usually for 2 years and include Functional Skills, Independent Living Skills, Employability Skills, Citizenship and Wellbeing and supported work experience. Programmes can also include weekly visits to David Lloyd gym, and participation in a wide range of activities in the local community.

Blueberry has “in-house” supported work experiences in the Blueberry and Linkage Charity Shop, Crafts Workshop, Community Enterprise and Garden Care Team. Blueberry works in partnership with local employers to offer work placements in a range of sectors including retail, catering, hospitality, administration and IT. You are supported by a Job Coach to work as independently as possible.

The Blueberry team aims to support you to plan for your future. You are encouraged to aspire to employment, maintain volunteering opportunities, be part of the local community and continue with a routine of healthy and positive social and leisure activities beyond education.

Blueberry also offers a range of Blueberry Social Clubs and activities for you when on programme.

You have an allocated Information, Advice and Guidance worker to help you achieve your goals and support personal development.

Some students progress to a 3rd year Supported Internship. This is a 1-year education programme with a clear goal of paid employment. You spend a minimum of 2 days a week with an employer and continue with Blueberry education for 1 or 2 days a week in Functional Skills and Employability. A Blueberry Job Coach provides you with support in the workplace.

Some students progress to Blueberry Supported Employment service, through Social Care, where you can continue to develop employability skills through work experience.

Contact details

Website: blueberryacademy.co.uk

Email: info@blueberryacademy.co.uk

Phone: 01904 638885



Choose 2

A personalised learning programme that supports young people with disabilities and additional needs. Choose 2 supports you to build on your skills and knowledge to become as independent as possible through personal and social development. This will prepare you for adult life and work options.

Choose 2's Independence and Life Skills programme usually runs for 2 years and includes Functional Skills, employability, independent living, good health, friends, relationships and community and enrichment sessions such as sport, art, music and volunteering.

They also offer an in-house work experience option working in one of their cafés.

Contact details

Website: [Choose2.co.uk](https://choose2.co.uk)

Email: office@choose2.co.uk

Phone: 07933 115448



Linkage College – Minster Provision

A Post 19 provision, the Minster Provision caters for young people with complex needs, aiming to bridge the gap between education and adulthood. We believe that our students are capable of successfully integrating into society, which is the focus of our work and curriculum. We have strong relationships with a number of community provisions which our students regularly attend and fully participate in. Young people who have completed a placement with us have proven that integration into society is absolutely possible regardless of ability levels.

We offer two to three years placements, which are personalised and guided by the needs of and the progress made by the individuals. The first one/two years focus on community access, transitioning and social integration.

The final year is a part time transition year. Students spend a reduced amount of time at the college campus and start the transition into their next placements. We work with Adult Social Care and our students' personal assistants to hand over our knowledge to them, in order to ensure the students are not only accessing the community activities physically but also as active participators. So, by the time they leave us, they have a meaningful programme to follow, are familiar with the provision and have a foundation to build upon and further develop. We, professionals and families, construct these plans together.

Communication is at the heart of everything we do, working in partnership with the community Speech and Language, Physiotherapy and Occupational Therapy teams and Barnsley Assistive Technology Team.

Contact details

Website: linkage.org.uk

Email: transitions@linkage.org.uk

Phone: 01472 372303

NHS Choices College

NHS Choices College (previously known as Project Choice) is a one-year Supported Internship programme. You will do three 12-week placements during the year and spend up to 4 days in placement, with one day spent in the classroom completing employability skills, STEM sessions and Functional Skills maths and English. There is a possibility of a different placement each term.

Some placements are in an NHS setting and some are in the community. You are allocated a workplace mentor along with the coordinator. You won't get paid but will develop useful work-related skills and be more ready to move into paid work at the end of the programme.

During the employability sessions, NHS Choices College also looks at building/updating your CV, practicing interview skills and job searching.

Contact details

Website: hee.nhs.uk/our-work/project-choice-supported-internships

Email: Melanie.Slater@swlstg.nhs.uk or louise.coucom@swlstg.nhs.uk

Phone: 07766 257914 (Mel) or 07768951927 (Louise)

Shaw Trust

A Supported Internship is a study programme if you are aged 16 to 24 with an Education, Health and Care Plan (EHCP) and want to move into employment but need some extra support.

They usually last for a year, with the opportunity to complete three different placements. Supported Internships give you an opportunity to take your first steps into the world of employment, build skills in the workplace, gain qualifications and get a paid job.

The Internships offer a unique mix of education and job coaching in a range of different roles, including retail, hospitality, catering, customer care, admin, gardening etc. Other placements can also be found to cover other career areas.

Support from a Job Coach is provided to help develop your skills for the workplace and prepare you for moving into paid employment.

Prospects offer a Gateway Progression award, the opportunity to study towards Functional Skills English and maths from entry level to level 2 if required and other vocational qualifications can also be offered.

Job Coaches also continue to offer support to look for paid employment after the programme ends and ensure you are settled with your new employer.

Contact details

Website: shawtrust.org.uk

Email: Pat.Emerson@shaw-trust.org.uk

Phone: 07920 071716

Routes 2 Success (York Learning)

Age 16-18 and not sure what you want to do next? Do you feel that college or an apprenticeship isn't for you?

If you are a young person, with or without an EHCP, looking for your next steps in education, the 'Routes 2 Success' programme will enable you to move into adulthood with confidence and resilience.

Routes 2 Success is a one-year programme for a minimum of 3 days per week. You will study English and maths as well as a City and Guilds qualification in Employability Skills designed to support you to get ready for the world of work.

There are also dedicated personal and social development and life skills curriculums to support you to develop your skills, confidence and resilience as you move on into adulthood.

You will have the opportunity to participate in a work placement or work tasters, which will be planned with your needs in mind. Classroom study is in small groups with a variety of projects and enrichment activities to equip you for independence and to engage and motivate you to succeed, and their dedicated learner support team is always on hand to support with any additional support requirements.

Contact details

Website: yorklearning.org.uk/learning-for-everyone/routes-2-success

Email: alison.thorne@york.gov.uk

Phone: 01904 551056



Smart-Ways (Tang Hall SMART CIC)

Tang Hall SMART is a leading college for young people with additional needs, and has become the 'go-to' place for post-16 students who wish to pursue a qualification in music, art, drama and dance. There is an option to study a sports qualification alongside a creative or performing arts programme. Students also study functional skills maths and English, subject to funding and prior achievement.

Level 1 and Level 2

Smart-Ways Level 1 and Level 2 courses are blended programmes of music, art, drama and dance for students who have an interest in these subject areas. Level 1 is designed for students with no prior qualifications in this area or those who are new to the subject. This provides a stepping stone to a Level 2 qualification. Level 2 is designed for students who have some experience in the creative and performing arts. This qualification holds GCSE equivalency and can lead to further study.

Level 3

Smart-Ways Level 3 is a specialist programme for students who have already developed considerable skill in either music, art or drama/dance. This programme offers a full Level 3 Diploma course in a supportive and stimulating environment. This qualification holds equivalency to A Levels and carries UCAS points which can lead to higher education.

Supported Internship and Employment Pathway

Supported Internship is an employability programme for students who have completed a Level 1 or Level 2 qualification with Tang Hall SMART. This is an opportunity to gain employability skills in music or the arts and benefit from a range of in-house and external work placements.

There are some opportunities for students who have completed a programme with Tang Hall SMART to access Supported Employment through Tang Hall Employment (our sister charity).

Contact details

Website: tanghallsmart.com

Email: sue@tanghallsmart.com

Phone: 07725 997342



United Response

United Response Education offers personalised learning packages and Supported Internships for post-16 students with an EHCP.

Their goal is to empower you to become more independent and confident as you prepare for adulthood, focusing on developing essential life skills through academic learning and real-world experience. Teaching is delivered one-to-one, and in small group work, and you will have the opportunity to work towards Functional Skills or GCSEs in English and maths, while gaining hands-on experience in a variety of sectors (see below)

- **Media Personalised Learning Packages (2–3 years):** If you are interested in developing skills in creative and digital fields, with the aim of progressing into paid work. Areas of specialism include filmmaking, post-production, music production, podcasting, photography, coding, game design, art, and graphic design. You work at your own level, explore freelance opportunities, and gain work placements.
- **Work-Based Personalised Learning Packages (2–3 years):** If you need additional time to build essential, work-ready skills. It provides a structured environment to explore career interests and grow in confidence. You gain hands-on experience in real workplace settings—including time at Café West, where you develop skills in hospitality, food preparation, and customer service.
- **Supported Internship (1 year):** If you complete either of the above programmes, and you're nearly ready for work, you may progress into a Supported Internship. It offers placements in sectors such as media, hospitality, retail and administration with support from a Job Coach. You gain real-world experience while preparing for the transition from education into employment.

How to Apply

Contact United Response to make referrals. Applications must be submitted by May 2027.

Contact details

Website: unitedresponse.org.uk/support-area/york-easingwold

Email: Info.York-NorthYorks@unitedresponse.org.uk

Phone: 01904 672572

York College (FE/HE college)

York College aims to ensure that if you have learning difficulties and/or disabilities you can enrol on your chosen course, from Entry Level to Level 3, including A Levels and T Levels; as well as higher education courses (if entry criteria is met).

The Pathways to Work and Independent Living course is ideal if you are working at Entry Level 2, Entry Level 3 and Level 1 and may require a personalised approach to learning. The programme is supported with a high ratio of staff to students and is delivered through a combination of theory, practical sessions, visits, speakers, and work placements. Each individual course lasts one year, and you may be entered for Entry 2, Entry 3, or Level 1 at the start of your time at college, depending on ability and prior achievements. You will study a range of units to develop skills that prepare you for both work and living independently.

They focus on helping you to prepare for adult life and develop the skills and confidence to achieve progression to other courses, Supported Internships and work. The programme also encourages you to develop personal, social and communication skills, offering an excellent opportunity to belong to a small, supportive group of students within the context of the wider college setting. You will study English and maths at a level suitable for your needs, including working towards an award where appropriate. Progression onto GCSE English and maths is available for some students which includes joining classes in the wider college community.

Our Supported Internships for Young people with an Education, Health and Care Plan (EHCP) is a work-based transition programme designed specifically for students aged 18 – 24 with current EHCPs who are ready to progress from education to employment. A variety of opportunities are available at AVIVA, City of York Council and LNER.

These programmes are designed to support the transition from education to lasting, meaningful paid employment by equipping young people with the skills they need for work, through a combination of short classroom sessions and real on the job work experience. As an intern you will get on-the-job training with a departmental mentor, an expert job coach and a College tutor heading up the programme, who are responsible for supporting both interns and their employers.

For further information please email: supportedinternships@yorkcollege.ac.uk

Contact details

Website: yorkcollege.ac.uk

Email: nathan-edwards@yorkcollege.ac.uk

Phone: 01904 770428

Further Support

Inspiring Choices



Inspiring Choices is a higher education outreach partnership delivering impartial careers information, advice and guidance to young people across York. On their website you will find a range of resources designed to support you in navigating school, further education and higher education. This includes resources and information for young people who may benefit from additional support.

There are also resources for parents/carers to enable them to help you to make decisions about your future.

For more information, visit **Inspiring Choices York and North Yorkshire** (inspiring-choices.co.uk) or our **social media platforms** (linktr.ee/insp.choices)

Spear



The **Spear Programme** (spear.org.uk/spear-programme/) is a free, nationwide course that empowers 16-24-year-olds to get into work, apprenticeships, education, or training. **Over 70% who complete Spear get into work or education and are still there a year later.**

Their programme offers the chance to gain a great CV, access to job opportunities, and interview skills. They empower you to build your motivation, grow your confidence, and increase your interpersonal skills. The programme is based at York Vineyard Church, and they run six programmes a year, each lasting four weeks. To find out more, visit their **website** (spear.org.uk/centre/york/), or contact **hello@spearyork.org.uk**.

Remember to:

- Talk to your school's careers advisers or local careers services to find out what is available for you.
- Involve your parents or carers in your decision-making process. Their support and perspective can be invaluable.

Take the time to research your options and plan your next steps carefully. Utilise the information in this booklet and resources at the end of the guide.





Looking Ahead: Employment and the Job Market

People with the skills and qualifications that businesses need are generally better paid and have more job options. Continuing in education and training helps you to develop skills, gain qualifications and get ready for the world of work. This includes going straight into a job with training, such as an apprenticeship (**see pages 13-16**), between the ages of 16 and 18, as a clear route to progress a career. Any employer should support and encourage access to training.



The local picture

The number and types of jobs available in York continue to change, as they do nationally.

More people now regularly work from home, as well or instead of going to an office. However, many roles still rely and thrive on people delivering a personal service such as in health and social care, education, retail, logistics and hospitality. Many science, technology, engineering and maths (STEM) roles also require employees to use manufacturing, engineering and laboratory equipment at designated sites.

The jobs market in York remains competitive; as well as young people leaving school, college and university, more people are looking to change jobs or return to work. This means that personal qualities such as adaptability, a willingness to learn and resilience are more important than ever.

Whilst it's good to have a clear idea of next steps, you may have no firm career plans in Year 11. So, now's the time for you to think about developing the transferable and technical skills that employers need. With the fast pace of change in business and industry today, you will need to put yourself in the best position to meet the needs of employers now and in the future.

Employers across all sectors value basic literacy, numeracy and digital skills, along with transferrable skills such as self-management and customer service. Often employees need to demonstrate a blend of practical skills, digital capability and higher-level thinking skills. In York and North Yorkshire, the following skills are in demand:

- Operational / job-specific skills – particularly within Agriculture, Construction, Hospitality and Manufacturing.
- Digital and IT – basic skills such as Microsoft Office and specialist software / IT systems
- Analytical and problem-solving – including data handling and innovative thinking
- Skilled trades and technical vocational skills
- Management and leadership capability – such as managing change and adapting to new systems or processes
- Specialist role-based knowledge (industry-specific)

Data source: York and North Yorkshire Labour Market Analysis July 2025, YNYCA

When deciding to live and work in York, you'll need to know about:

Local employers

York has some big employers in the city but most are small to medium sized companies (SMEs) with fewer than 250 employees. Self-employment and starting your own business are real possibilities, but it's important for you to understand the sector you wish to operate within and who your customers will be.

Good Business Charter

In York, some employers are signed up to the Good Business Charter (GBC). This means they have committed to ten responsible business practices, which include paying the Real Living Wage, offering fair hours and contracts, sourcing products ethically and reducing their carbon usage.

A list of **York based employers** that are signed up to the GBC can be found online (york.gov.uk/council/good-business-charter-organisations-york).

Job opportunities

The biggest growth in job opportunities in York tends to be for those people whose qualifications are level 3 or above (**see page 8-9**), which is equivalent to A Levels, T Levels and BTECs, Certificates, Diplomas or Advanced Apprenticeships. This means that those who continue to study or train beyond the age of 18 should be in a stronger position. This could be at a university or other higher education institution, through a higher/degree level apprenticeship, or by gaining professional qualifications while working.



Support and preparation

The **National Careers Service** (nationalcareers.service.gov.uk) provides support on applying for jobs, preparing for interview, creating a CV and covering letter. Some tips are listed below:

Top tips when applying for jobs

- Have your information available when you start your application, for example qualifications/predicted grades, any work history and referees.
- Have a genuine interest in the position you are applying for.
- Read the job description carefully and link your answers to the key elements of the job description.
- Do your research and demonstrate what you know about the company.
- Follow any instructions carefully.
- Try to link in with your work experience, volunteering, leisure activities, clubs and school/college experiences.
- Always be honest and use Artificial Intelligence (AI) responsibly and ethically.
- Do not rush – make sure you do a spell check and proof read your application.
- Have a sensible email address and include up to date contact details.
- If applying online, make sure you click on the ‘submit’ button.
- Think about including/attaching a covering letter with your application.

Top tips when preparing for interview

- Be punctual – allow enough time to get to your interview. If you don’t know where to go, ask for directions in advance.
- Pick out something suitable and comfortable to wear.
- Turn off your phone.
- Take a copy of your CV / application with you to remind yourself of what you said.
- Sit up straight, keep calm and be yourself.
- You can ask the interviewer to repeat a question – take your time to think before you answer.
- Speak clearly.
- Do not interrupt the interviewer.
- Do prior research on the organisation and make a note of questions to ask.
- Practise answering interview questions with a friend or relative.
- Thank the person for the opportunity.



York's employment sectors

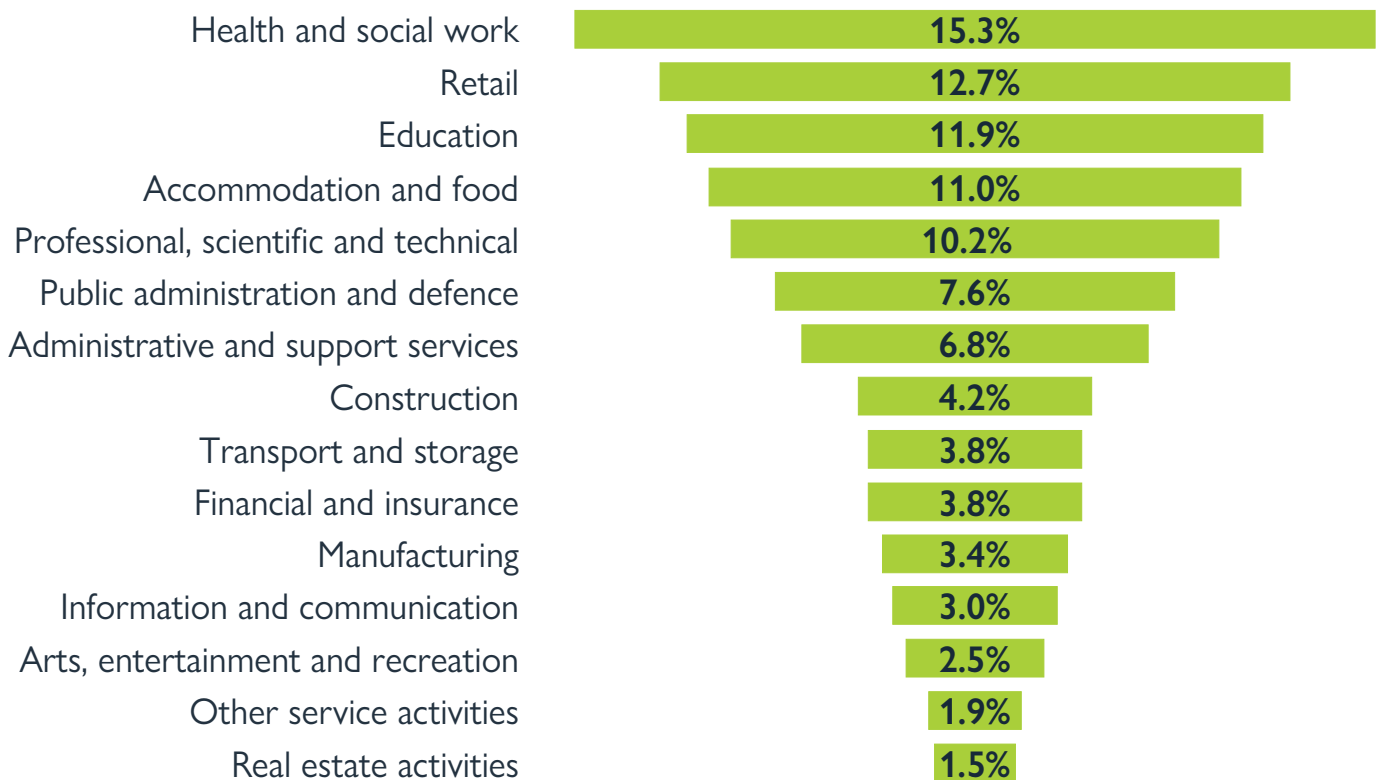
York has a number of different employment sectors, which include a wide range of different jobs and occupations. Whilst each sector has its own specialist occupations (see the table below), businesses in all sectors need people who work in finance, IT, marketing, legal and other areas.

Some examples of specialist occupations in York's key employment sectors:

Employment Sector	Examples of Jobs
Construction	Joiners, Project Manager and Quantity Surveyors
Early Years	Early Years Specialist Teacher and Teaching Assistant
Health and Social Care	Care Worker, Counsellor and Dentist
IT and Digital	Cyber Security Technician, Coder and Software QA
Tourism, Hospitality and Retail	Head Chef and Logistics Manager
Engineering (including food manufacturing, rail and road transport)	Engineer, Food Production Operative and Rail Signalling Engineer
Creative and Communications	Graphic Designer and UX Developer
Heritage	Digital Preservation Archivist and Stone Mason
Agritech, Bioeconomy and Life Sciences	Microbiologists Research and Laboratory Technician
Business and Professional Services	Lawyer, Insurance Broker, Business Relationship Manager and Planner

It's important to be aware of the key employment sectors in York and consider the progression opportunities an entry-level role may offer. For instance, building a career within the hospitality sector could lead to a national or international management role.

York's employment market:



Data source: 2024 Business Register and Employment Survey

Whilst it is important to understand the job market in York, you might want to look further afield. Think about your chosen method of transport and the time it will take you to get there, rather than the distance.

The Shape Your Future York and North Yorkshire booklet provides information about the key local employment sectors, qualifications and pathways, the importance of skills and making successful applications. Ask at school to see a copy of the 2025/26 booklet.



Green jobs and green skills

You may have heard about ‘green jobs’ and ‘green skills’ but are uncertain what the difference is or how important they are for working in York.

A ‘green job’ is employment in an activity that contributes to our net zero emissions target and other environmental goals, such as nature restoration and mitigation against climate risks. Examples include renewable energy generation, woodland creation and flood defence.

‘Green skills’ are needed in a variety of roles and across different sectors. Increasingly employers in York are looking for people with skills such as innovation, adaptability and resilience to help them make their business activities more environmentally friendly.

Technical green skills are also in demand in areas such as construction and transport. For instance, plumbers and electricians will need to know how to fit environmentally friendly air source heat pumps and car mechanics will be needed to fix electric as well as petrol cars.

At the same time, new technologies continue to change the world around us and it’s possible that the job you’ll be doing in 20 years’ time doesn’t yet exist! So, like today’s plumbers and car mechanics, you’ll need to be prepared to learn new skills along the way.

In addition, the **Green Careers Hub** (greencareershub.com) is a platform to access resources and careers information that relates to your current and future skills, knowledge and experience.



Did you know?

In York, we have an ambition to be a net zero carbon and climate ready city by 2030.

We all have a part to play and this includes developing green skills.



Volunteering

There are lots of opportunities across the city for you to try something new, develop your skills, enhance your CV, meet new people, have fun and give something back to your community. Your school will be able to advise on the opportunities available.

To find out more about how to get involved in volunteering, [see page 59](#).



Looking Ahead: Higher Education

Higher education is from level 4+ (**see page 8-9**) and you can study at universities, colleges, independent training providers and some further education institutions.

You can progress to higher education (HE) with a range of qualifications, including A Levels, BTECs, Diplomas, T Levels and Apprenticeships. It is important to recognise that some courses ask for specific qualifications. Teachers and advisers at schools will be able to tell you which subjects may be useful when picking options for HE, alternatively there are websites available to help you consider your options, such as **UCAS** (ucas.com/discover) or **Informed Choices** (informedchoices.ac.uk). Information about course entry requirements is available through university and college prospectuses and websites.

Generally, total earnings over a lifetime are higher for those with HE qualifications and there are many other positive experiences and benefits to be gained from studying at a university or college. If you know the type of job you would like to do after studying, look at job adverts and applications to see if they ask for specific qualifications.

It is also possible to apply for deferred entry onto HE courses, which allows you to secure your place on a course whilst you gain valuable work experience or travel.



Est.
1841

YORK
ST JOHN
UNIVERSITY



ASKHAM BRYAN
COLLEGE



YORK &
UNIVERSITY
CENTRE

Studying in York

York has two universities (the University of York and York St John University) and two colleges (Askham Bryan College and York College), all offering a wide range of HE courses, both academic and work-based, including degree-level apprenticeships and foundation degrees. Further afield, there are around 400 providers across the country offering over 50,000 courses (**see UCAS details on pages 53-54 and 61**), so there should be a course to meet your interest.

Costs and financial support

The below information is based on the 2026/27 academic year.

Universities and other HE providers in England can charge up to £9,790 per year. No fees are paid up front, and fee and maintenance loans are available depending on your financial situation. You do not start repaying your loan until you are earning at least £25,000 per year. There may be additional support available to you if you are care-experienced and are looking to progress to higher education. This includes a bursary of £2,000 to help with the costs of books and materials, and support to pay for accommodation costs.

For more information see:

- **Local Offer For Care Leavers** (york.gov.uk/LocalOfferForCareLeavers)
- **Undergraduate tuition fees and student loans** (ucas.com/student-finance/tuition-fees-and-tuition-fee-loans)
- **Financial support** (gov.uk/student-finance) including a simple calculator
- **Making repayments** (gov.uk/repaying-your-student-loan)

Disabled Students' Allowance (DSA)

This is available to support HE students with a range of disabilities and conditions. Allowances and support available through DSA are tailored to individual needs through a personal DSA Needs Assessment. Assessments can be carried out locally to where you live or plan to study.

DSA funds support that will help you succeed in HE by breaking down the barriers you may otherwise have faced, whether they are related to your studies, physical access, or wellbeing. If you have a disability, mental health condition, neurodiversity, chronic illness and/or learning difference, you may be able to access DSA.

Once your DSA is approved, funding is allocated to your chosen support providers. Find out more information on **DSA** (gov.uk/disabled-students-allowance-dsa).

Where to find out more

Universities and colleges in York offer a range of opportunities to visit them. Open days will allow you to look around, find out more about courses and meet staff and current students. To find out more about when open days are being held, please check on the following websites:

- **York St John University** (yorksja.ac.uk/study/undergraduate/meet-us/open-days)
places must be booked online
- **University of York** (york.ac.uk/study/undergraduate/visits/open-days)
places must be booked online
- **Askham Bryan College** (askham-bryan.ac.uk/university-centre-open-days)
- **York College** (yorkcollege.ac.uk/events-and-news/events/open-events)

For general information and advice on university and degree apprenticeships:

Apply for higher education and search for degree apprenticeships:

- **UCAS** (ucas.com)

Higher Technical Qualifications:

- **Amazing Apprenticeships**
(amazingapprenticeships.com/higher-technical-qualifications-htqs/)

Advice and guidance on university:

- **Discover Uni** (discoveruni.gov.uk)

See page 61 for additional sources of support.

Looking Ahead: Lifelong Learning

When you're thinking about your next steps, don't forget that lifelong learning includes your parents/carers and older siblings. Lifelong learning can improve our life and work skills, enhance our understanding of the world around us, provide us with the skills and opportunities to move up the career ladder and improve our quality of life.

There are many reasons why it is good to come back to learning:

- Learn new skills and build knowledge, whether it's for leisure or work
- Improve your employment options
- Improve your self-confidence
- Build skills for a new career, whether business orientated or creative
- Meet new people and become part of a community of learners
- Keep up with the kids in maths, English and digital skills
- Because it's fun!



Are you aged 19+ and stuck in a rut with work or looking for employment?

York Learning has one mission: to inspire you to learn, explore and achieve. Wherever you have come from or whatever your next steps are, York Learning can help you explore your options, support you to make the right choices, and find your way into something new.

If you are thinking about returning to learning or employment, or perhaps you are in work and looking to improve your career prospects, York Learning's skills courses open opportunities to better career options and enable you to feel more confident in your abilities. They will support you to find your next steps and can provide many academic courses for free. If the course you want to do isn't funded, they can often provide support with course fees, equipment and anything else that would enable you to access learning.

English, Maths and Digital Skills courses

Improve your skills with English and maths from beginners to GCSE and Digital Skills up to level 3. Contact York Learning to arrange a one-to-one skills assessment and get started on a course that's at the right level for you.

Careers information, advice, and guidance

If you're looking for work, a new job or new skills for a career change, get support with one-to-one mentoring and/or career advice and support. For information on the financial support available to help parents and carers with the cost of childcare, **see page 67**.

- Visit: yorklearning.org.uk
- Email: york.learning@york.gov.uk
- Call: 01904 554277



Useful Websites and Resources

Exploring Options

Apprenticeships, 14-19 Education and Training for Work |

gov.uk/browse/education/find-course

Information on education and training options, including apprenticeships and English, maths and IT skills.

Career Map | careermap.co.uk

Up to date labour market information and support on apprenticeships, education courses, jobs and graduate programmes. There is also a 'careermag' for parents, carers and guardians.

The CEC Resource Directory | resources.careersandenterprise.co.uk

A resource for schools, colleges and employers to help every young person find their best next step.

Skills for Careers | skillsforcareers.education.gov.uk/pages/young-people

Consider your training and career possibilities or get help working out your options.

Features:

- Explore career ideas
 - Find out what support you can get
 - Browse training options
 - Search for work, courses or training
-

Talking Futures | talkingfutures.org.uk

A resource created to help parents and carers have informed and constructive conversations with you about the different training and education pathways available after Year 11.

Features:

- Interactive conversation cards
 - Videos
 - Online webchat
-

York Learning | yorklearning.org.uk/projects

Currently available for 18+ only.

A one-to-one careers advice appointment with a specialist adviser can help you to identify your skills and the available learning options. You also will be guided on how to create an outstanding CV and a strong action plan, so you're ready to apply for the job you want.

- **Free English and maths qualifications** (yorklearning.org.uk/english-maths) from starting points to GCSE, for anyone aged 19+
- **Digital Skills courses** (yorklearning.org.uk/computing) for adults aged 19+, from starting points to more advanced qualifications

Apprenticeships

Amazing Apprenticeships | amazingapprenticeships.com

Informative resources and guidance on apprenticeships and T Levels.

Features:

- Monthly Apprenticeships Parents and Carers' Pack

Find an Apprenticeship | gov.uk/apply-apprenticeship

To search and apply for apprenticeships.

Features:

- Create an account to manage your applications and get alerts about new vacancies

Apprenticeships in York | york.gov.uk/YorkApprenticeships

General information on York apprenticeships and careers.

Features:

- Where to search
- Information for parents and teachers
- Information for local businesses

Find Apprenticeship Training | gov.uk/employers-find-apprenticeship-training

To find out which training providers deliver the apprenticeship/s you are interested in.

T and V Levels

T Levels, The Next Level Qualification | tlevels.gov.uk/

Provides comprehensive information on T Levels.

Features:

- Links to resources, case studies, and information for parents and carers

Local T Level Providers

- **Askham Bryan College** (askham-bryan.ac.uk/t-levels)
 - **Bishop Burton College** (bishopburton.ac.uk/college/study)
 - **York College** (yorkcollege.ac.uk/school-leavers/vocational-t-level)
-

Introducing V Levels | aqa.org.uk/vocational

Provides comprehensive information on the new V Level qualifications.

Volunteering

Live Well York |

livewellyork.co.uk/information-and-advice/learning-training-employment/volunteering

A platform to search for volunteering opportunities.

Features:

- local organisations who have information about how to get involved

Employment and Careers

GOV.UK Working | gov.uk/browse/working

Provides a wide range of advice on employment and related rights.

Features:

- Information on holiday entitlement, finding a job, pensions, and redundancy
-

Job Help Campaign | jobhelp.campaign.gov.uk

General employment opportunities and support to help you get job ready and find work.

Features:

- Different tools and support depending on your circumstance
-

National Careers Service | nationalcareers.service.gov.uk

Phone: 0800 100 900

The National Careers Service (NCS) is merging with the Department for Work and Pensions (DWP) from October 2026 as part of wider changes to bring employment, skills, and careers support closer together. While the service will sit within DWP, careers advisers will continue to provide high-quality, professional, careers advice to adults, 18 and over, and 16-17 year olds not in education, employment, or training (NEET) in England. In the meantime, the current freephone number, 0800 100 900 will remain available to individuals to book appointments, and the website nationalcareers.service.gov.uk will continue to provide access to key information and resources.

TUC Know your rights | Young people at work | tuc.org.uk/resource/young-workers-employment-rights

A guide to rights for young workers aged 16 and 17.

Features:

- Information on young workers' rights, unions, and workplace guidance
-

Children and Employment | york.gov.uk/extra-curricular-activities/children-employment

Information for employers who employ young people aged 13-16.

Youth Employment | youthemployment.org.uk

Get help with skills, study, jobs and training, career routes and much more, also provides expert careers advice for parents and carers.

Features:

- assistance with skills development
 - study options
 - job searches
 - training
 - offers insights into various career routes
-

Higher Education

Amazing Apprenticeships |

amazingapprenticeships.com/higher-technical-qualifications-htqs/

Higher Technical Qualifications (HTQS) information and resources.

Informed Choices | informedchoices.ac.uk

Explore current and available degree courses for the subjects you are interested in.

Inspiring Choices | inspiring-choices.co.uk

Impartial information, advice and guidance about further and higher education to young people across York.

Features:

- Parent/carer resources to help them to support you to make decisions for the future
-

Office for Students | officeforstudents.org.uk

Official website to help compare information on universities.

Student Finance | gov.uk/student-finance

Information on all aspects of student finance.

Features:

- An estimate calculator and how to apply
-

UCAS | ucas.com

Information about courses, institutions, tuition fees, application procedures, deadlines and clearing.

Features:

- chat with current students about their experiences
 - information on apprenticeships
 - career quiz to find your ideal job matched to your personality type
-

York Local Offer - Care Leavers | york.gov.uk/LocalOfferForCareLeavers

Higher Education bursary and support available for care leavers.



Useful contacts for young people with SEND or an EHCP



York SEND Local Offer | yorksend.org

The York SEND Local Offer is a website which sets out services and activities available to children and young people with Special Educational Needs and Disabilities; support is available from birth to 25 years old. This website also provides helpful information for families, and resources for professionals working in SEN services.

Adult Social Care | york.gov.uk/AdultSocialCare

Accessible Information about Adult Social Care is available on the City of York Council website at: york.gov.uk/ASCAccessibleInformation

Jobcentre Plus | gov.uk/looking-for-work-if-disabled

Work Coaches can advise benefit claimants on job seeking, training, new skills and government schemes including the Youth Guarantee. They can also tell you about local disability-friendly employers. Work Coaches have access to Disability Employment Advisers and a Youth Employment Coach who may be able to give more specialist advice and support.

Live Well York | livewellyork.co.uk

As you move towards adulthood, this website has information on local leisure and social activities.

Local Area Coordinators | york.gov.uk/LocalAreaCoordination

Local Area Coordinators help you stay safe, well, independent and connected to your local community by:

- helping raise awareness of available resources
- providing links to local services
- supporting people with a wide range of issues
- developing resilience and social inclusion in communities

Local Area Coordinators work with individuals and families of all ages and abilities. They take time to get to know you, your family, friends, carers and your community, so they can help you to build a strong support network.

Parent Carer Forum York | parentcarerforumyork.org

The Parent Carer Forum York is an independent charity made up of parents and carers of children or young people with additional needs or disabilities (0-25) who live in York.

Preparing for Adulthood (PFA) | yorksend.org/preparation-adulthood

The Preparing for Adulthood (PFA) Team is based at SEND Central and is here to help you plan for your future. At SEND Central, you can advice, information and support from a range of professionals, including Specialist Learning and Employment Advisers, Social Workers, York Independent Living and Travel Skills (YILTS), SEND Team staff who support Education, Health and Care Plans (EHCPs), and the Preparing for Adulthood Nurse.

We regularly run drop-in sessions, workshops and events where you can meet people, ask questions and get support. The York SEND Local Offer has lots of information to help you and your family prepare for the future.

As you get older, different teams may work with you to help you achieve your goals and become as independent as possible. These teams work together with schools, colleges, health services, community organisations and employers to help you prepare for adult life. To find out more, visit yorksend.org/preparation-adulthood

Raise York | raiseyork.co.uk

Your Family Hub Network is a network of people, places and online support. It supports you and your parents and carers with information from pregnancy to adulthood. The Raise York website holds information on a wide range of topics to support families in their parenting journey. For Young People specific information visit raiseyork.co.uk/young-people

Scope | scope.org.uk/advice-and-support/work-careers

A free careers advice service if you are aged 15-25 in England and Wales and you are disabled or have an impairment or condition.

SENDIASS | yorksendiass.org.uk

SENDIASS means Special Educational Needs, Disabilities Information Advice and Support Service. York SENDIASS is a 0-25 year old service for children and young people with SEND and you don't need a diagnosis before contacting us. We are a free and confidential service that doesn't take sides, so can offer lots of impartial information. We can help you understand:

- processes and policies on education, health and/or social care
- relevant laws
- what options you have so you can make an informed choice about your next steps

You can ask us to support you communicating your views to an education settings, like college or Sixth Form, or to support you in asking the Local Authority for more help. We can only offer general information about Higher Education but might be able to suggest other organisations that could help you beyond Post-16 education.

Contact us via our website, e-mail or answer phone: yorksendiass@york.gov.uk, 01904 554312.

Sport and Active Leisure | york.gov.uk/InclusiveSports

If you have a disability or additional needs, there is help for you to achieve your recommended 150 minutes of physical activity per week to boost your health and happiness. A wide variety of sports and activities are available, including goalball, boccia, wheelchair basketball and cycling on adapted bikes.

York Family Information Service (FIS) | raiseyork.co.uk/york-family-information-service

Free and impartial information to young people up to 25 years and families living in York. Information includes:

- Ofsted registered childcare including for school aged children and children with SEND and a free brokerage service to support families to find childcare
- Clubs, groups, activities, and things to do for families, children and young people including inclusive activities for children and young people with SEND
- Support services including parenting support, mentoring, and befriending, emotional health and wellbeing and more.
- Sign up to receive a free newsletter aimed at families living in York: raiseyork.co.uk/FamiliesNewsletter. Get in touch: **01904 554444** or fis@york.gov.uk

York Inspirational Kids All About Autism | yiksaaa.org

A dedicated site to All About Autism in York, including autism clubs, holiday clubs and training for parents. YIKSAAA is part of York Inspirational Kids.

YIKS Autism Hub: autismhub@yiks.co.uk

York Inspirational Kids (YIKS) | yiks.co.uk

Offers a range of support through groups and activities if you have a learning or physical disability, autism or other neurodivergence.

Contact YIKS: info@yiks.co.uk

York Special Educational Needs Service | yorksend.org/supporting-childs-needs/special-educational-need-sen-support

Information on what's available in York for you and your parents/carers if you have SEND, with or without an EHCP.

General Team Contact: sendept@york.gov.uk

York SEND Central | yorksend.org/parents/send-central

SEND Central is York's Family Hub that specialises in SEND. It is where families can seek advice and information about what's available in York for young people who have additional needs, any age from 0 to 25. SEND Central is an inclusive hub with no specific threshold or level of need required for you to access.



Financial Support

Depending on your family circumstances and what you choose to do, there may be extra financial support to help you continue in full-time education and other training programmes. The following information is correct as of September 2026.

You may need some financial support to help stay in publicly funded education or training after 16 through to the age of 19 and you can apply to your intended school sixth form, college or training provider for support from this fund.

16-19 bursary for students in vulnerable groups, worth up to £1,200 per year. You may be eligible for this bursary if at least one of the following applies:

- you're in or you recently left local authority care,
- you get Income Support or Universal Credit because you're financially supporting yourself,
- you get Disability Living Allowance (DLA) in your name and Employment and Support Allowance (ESA) or Universal Credit,
- you get Personal Independence Payment (PIP) in your name and ESA or Universal Credit.

Source: GOV.UK **16-19 bursary fund** (gov.uk/1619-bursary-fund/eligibility)

A bursary is money that you, or your education or training provider, can use to pay for things like books, equipment and course trips. It can also help with travel costs to school or college and provide meal credits. Education providers manage the bursary differently so it is best to check with the funding department when applying.

16-19 discretionary bursary if you need financial help and do not qualify for a bursary for students in vulnerable groups. Your school or college will have their own criteria for discretionary bursaries. They'll look at your individual circumstances - this usually includes your family income. Ask student services about their criteria and any evidence you'll need.

You can apply to a discretionary bursary if you're over 19 and either:

- continuing on a course you started aged 16 to 18 (known as being a '19+ continuer')
- have an Education, Health and Care Plan

Your provider will decide how you get your bursary. You might be paid in full or in instalments, or more typically payments are made 'in kind' for travel passes, free meals and/or to pay for books. For more information visit GOV.UK **16-19 bursary fund** (gov.uk/1619-bursary-fund/eligibility).

Apprenticeship bursary for care leavers of £3,000 is available to you if you are in care and/or are an eligible care leaver if you start an apprenticeship before you turn 25. It is payable in instalments over the first year of your apprenticeship. For more information and eligibility visit: **Apprenticeship bursary for care leavers** (gov.uk/government/publications/apprenticeships-bursary-for-care-leavers/apprenticeships-care-leavers-bursary-policy-summary)

Care to Learn

The Care to Learn scheme can help with childcare costs while you study. You must be aged 19 or under at the start of your course, and be the main parent or carer for your child.

You can get up to £180 per child per week to help pay for childcare, place holding over summer and related travel costs while you remain in learning. Care to Learn is available for a variety of courses, full and part-time (must be publicly funded course, check with the education provider if you are unsure) and it is paid direct to the Ofsted registered childminder or nursery from the education provider. For travel expenses, your education provider will either reimburse you or make arrangements for your travel. For more information and to apply, visit GOV.UK **Care to Learn** (gov.uk/care-to-learn).

Depending on the age of your child and whether you are working as well as studying, there could be additional support available. You can check out what help is available to you here on the **Childcare calculator** (gov.uk/childcare-calculator).

Higher education bursary and support for care leavers

As a care leaver, there is support available to you if you are looking to progress to higher education. If higher education is part of your pathway plan you will have access to a £2,000 bursary if you start university on an undergraduate degree course before you turn 25 years old. This bursary is there to help with essential items for your course and to help you experience university life. Depending on your care leaver status there could also be financial support towards accommodation costs. This financial support is accessed through your Pathway worker, for more information on the full offer visit **Local Offer for Care Leavers** (york.gov.uk/LocalOfferForCareLeavers).

Child Benefit

If you continue in education, your parents/carers may be able to continue claiming Child Benefit until you turn 20. If you leave education but return before your 19th birthday, they can start claiming again until you turn 20. If you are already 19, you need to have either started the course or been enrolled or accepted on it by your 19th birthday. For more information, visit GOV.UK **Child Benefit** (gov.uk/child-benefit). Household/parental benefits may be affected if you take up employment, including an apprenticeship.

Help with transport

There are various schemes to help with the cost of your transport to college or sixth form, provided certain conditions are met.

If your family is on a low income and you live over three miles from the institution, you may be entitled to a free bus pass. You may also apply for assistance as an independent student without regard to parent/carers' income according to set criteria. Students with any special needs that require assistance with transport will be assessed on an individual basis. For full information, visit [Transport To School or College](https://york.gov.uk/TransportToSchoolOrCollege) (york.gov.uk/TransportToSchoolOrCollege). Individual institutions may also be able to provide help with transport. See their websites and literature for further information.



Help with transport if you have an EHCP

If you have an EHCP you may be entitled to further support with travel such as a place in a taxi/minibus. You will need to visit SEN home to school transport (york.gov.uk/school-transport/travel-school-college/2) for details of how to apply and you will need to apply for each year you remain in education.



York Independent Living and Travel Skills (YILTS) offer travel training and can assess your travel skills if you are aged 11-25 years old and currently access City of York Council funded transport.

YILTS offers both one to one sessions and travel training groups within schools and education settings. Young people can access one or the other or a combination of the two depending on their needs.

YILTS supports you to understand timetables, plan routes, become familiar with being out and about, and understand what to do if something unexpected happens. You may be asked to undergo a practical assessment to determine your longer-term need for transport support. At the very least, sessions contribute to young peoples' self-confidence and self-worth, and our best outcome is independent travel for those who can manage that.

YILTS also receive referrals from a range of professionals, parents/carers and young people. Training is provided at a time that is right for you and YILTS staff Speak to school staff, parents and families, young people and wider professional teams to build up a holistic picture of a young persons' needs and abilities and formulate a bespoke plan to suit them.

For more information, visit [YILTS](https://yorksends.org/team-city-york-council/york-independent-living-transport-skills-yilts) (yorksends.org/team-city-york-council/york-independent-living-transport-skills-yilts).



Free meals

The free meals entitlement covers school sixth forms, colleges and some other post-16 provision. To be eligible, you need to be aged 16-19 and you or your family needs to meet criteria relating to receipt of benefits. Please speak to your school, college or training provider for further details.

If you are aged 19 or over, you may only be eligible to receive a free meal if you are continuing on a study programme you began aged 16 to 18 or have an EHCP. Please speak to your school, college or training provider for further details.



Other support and help

There are different sources of support available, **see pages 57-65** of this guide.



Abbreviations

Acronyms	
BTEC	Business and Technology Education Council
CEC	Careers and Enterprise Company
CEIAG	Careers Education Information, Advice and Guidance
CV	Curriculum Vitae
DfE	Department for Education
DSA	Disabled Students' Allowance
DWP	Department for Work and Pensions
EHCP	Education, Health and Care Plan
EPA	End Point Assessment
FE	Further Education
FIS	Family Information Service
GBC	Good Business Charter
GCSE	General Certificate of Secondary Education
HE	Higher Education
HNC/HND	Higher National Certificate/Diploma
IoT	Institute of Technology
IT	Information Technology
ICT	Information and Communication Technology
LA	Local Authority
NCS	National Careers Service
NHS	National Health Service
NVQ	National Vocational Qualification
NEET	Not in Education, Employment or Training

Acronyms	
PFA	Preparation for Adulthood
PSHE	Personal, Social, Health and Economic
SE	Supported Employment
SEN	Special Educational Needs
SEND	Special Educational Needs and/or Disabilities
SENDIASS	Special Education Needs and Disability Information, Advice and Support Services
SI	Supported Internship
SME	Small and Medium-sized Enterprises
STEM	Science, Technology, Engineering and Maths
TUC	Trade Union Congress
UCAS	Universities and Colleges Admissions Service
YIKS	York Inspirational Kids
YIKSAAA	York Inspirational Kids All About Autism
YILTS	York Independent Living and Travel Skills



This booklet was written by City of York Council's Skills Team.
We value your feedback. If you would like to share your thoughts about this publication, please email skills@york.gov.uk.

To ask for reasonable adjustments or this document in an alternative language or format such as large print, braille, audio, Easy Read or BSL you can:

Email us at: cycaccessteam@york.gov.uk

Call us: **01904 551550** and customer services will pass your request onto the Access Team.

Use our BSL Video Relay Service:

york.gov.uk/BSLInterpretingService

Select 'Switchboard' from the menu.

We can also translate into the following languages:

我們也用您們的語言提供這個信息 (Cantonese)

এই তথ্য আপনার নিজের ভাষায় দেয়া যেতে পারে। (Bengali)

Ta informacja może być dostarczona w twoim własnym języku. (Polish)

Bu bilgiyi kendi dilinizde almanız mümkündür. (Turkish)

یہ معلومات آپ کی اپنی زبان (بولی) میں بھی مہیا کی جاسکتی ہیں۔ (Urdu)

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Information, figures and links were correct at the time of publication.