



Companies that deliver Frozen Ready Meals and Groceries

Name of Meals Provider	Delivery			Address	Telephone Number	Website	Special Dietary Requirements Catered for
	Frozen Meals	Groceries	Delivery Frequency				
Wiltshire Farm Foods (Apetito)	✓		Weekly	Bradfield, Wiltshire Farm Foods, Unit 1, Carr House Farm, Pool Lane, Nun Monkton, York. YO26 8EH	01423 339666	www.wiltshirefarmfoods.com www.apetito.co.uk	D V GF LF LC RS SD AC K H
Oakhouse Foods	✓		Weekly	Unit 22, Collingwood Court, Riverside Park, Middlesbrough TS2 1RP	01642 221112	www.oakhousefoods.co.uk	D V GF LF LC SA
Somerfield	✓	✓	Same Day	George Street, Pocklington.	In-store only*	www.somerfield.co.uk	Various - See Selection in store
Flow Food	✓		Weekly	South Street, Ashton-under-Lyne, Lancashire. OL7 0PH	0845 606 3924	n/a	D V GF LF LC SD H AC K A
Tesco	✓	✓	Next Day onwards	Askham Bar, York	Website Orders Only	www.tesco.co.uk	Various - See Selection on website
Asda	✓	✓	Next Day onwards	Monks Cross, York	Website Orders Only	www.asda.co.uk	Various - See Selection on website
Sainsbury's	✓	✓	Next Day onwards	Monks Cross & Foss Bank, York	Website Orders Only	www.sainsburys.co.uk	Various - See Selection on website
Iceland	✓	✓	Same Day	Fulford, York	In-store only*	www.iceland.co.uk	Various - See Selection in store
The Real Cooking Co.	✓		Daily - Weekly	Thorner, Wetherby	0113 2893214	www.therealcookingcompany.co.uk	V GF
Banquet in a Box	✓		Weekly	Banquet in a Box, 18 Commins Road, Exeter EX1 2PZ	0845 678 9510	www.banquet-in-a-box.co.uk	V

* Choose & purchase items in-store and if over £25, all the shopping is delivered to your door free.

• Delivery is dependent on what time/date the order was made and what delivery slots are available.

Key

D	Diabetic
V	Vegetarian
GF	Gluten Free
LF	Low Fat
RC	Reduced Calorie
LC	Low Carbohydrate
SA	Smaller Appetites
SD	Reduced Salt
SD	Soft Diet Meals

Ethnic Menus:	
H	Halal Meals
AC	Afro-Caribbean Meals
K	Kosher Meals
A	Asian Vegetarian Meals (also suitable for Vegans)

The above list is not comprehensive, but includes organisations that the City of York Council works with and others which it has knowledge of.